

August 2026

Doing what we
do for almost
50 years!



Together
We are
Strong!



FRUIT TREES

FOR SALE

Mandarin & Orange

\$33 Each



All proceeds go towards our Youth Programmes

Our Communities need our VOTE!

Who are you voting for?



My whanau?

My tamariki?

My community?

Renters?

Teachers?

Nurses?

Māori?

Homeless people?

Workers?

My mokopuna?

Young people?

People living in poverty?

People with disabilities?

My LGBTQ friends?

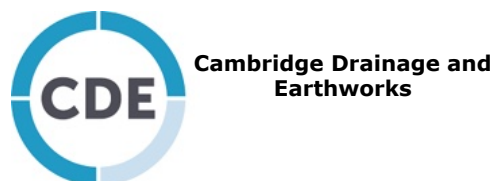
Firefighters?

**Get a cuddle to tell a cuddle and
enrol EVERYONE you know!**

Enrol and check your details at

Unlike previous elections, you won't be able
to enrol and vote at the same time.

Thank You



Thank you to all those community members that come into the centre and make financial donations, donate items, clothing, food but most importantly give time.



What We Offer

Over 101 unique support services, activities, events, and programmes are held each year, available to the public from our community-owned facilities at Hyde Ave and Grandview Rd.

- * Community Information Hub
- * Justice of the Peace: Tuesdays, 9:00 am – 11:00 am
- * Citizens Advice Clinics: Wednesdays, 10:30 am – 12:30 pm
- * Whānau Support Worker: Family support
- * Family Court Navigator: Fortnightly
- * Kāinga Ora Housing Support Manager: Monthly
- * Hamilton Budgeting Advisory Trust: Financial mentoring, Tuesdays & Fridays
- * Legal Advice from Niemand Peebles Hoult: Tuesdays, 9:00 am – 10:00 am (please book)
- * Plunket Outreach Clinic
- * Western Community Newspaper: Bi monthly, delivered to 19,000 homes

Programs and Activities

- * Playgroups and children's programmes
- * 50+ events, trips, luncheons, activities, and walking groups
- * Power bill check: Bring in your bill to ensure you are not paying more than you need to
- * Toi Maaori (Maaori Art)
- * Western Wheels learner licence courses
- * Out West Radio Show: Fridays, 11:00 am on Free FM 89.0 or listen on digital platforms
- * Youth activities, events, programmes, and leadership development
- * Children's holiday and after-school programmes
- * Community education and training

Facilities and Services

- * Free public phone and computers
- * Photocopying, printing, and scanning
- * Hire our Venue, Over 2,519 bookings each year. Over 153 community groups, organisations, faith-based communities, education providers, and clubs use our venue each year. Also a great place for whanau gathering and celebrations.
- * Table and chair hire.
- * Fair Share Market: 2nd Saturday of the month, Crop Swap: 9:00 am – 10:00 am, Craft Swap: 10:00 am – 11:00 am, Repair Co-op: 10:00 am – 12:00 pm
- * Regular Triple One Care First Aid Courses

Kai/Food

- * Go Eco Free Food Store: Thursdays and Fridays, 1:00 pm
- * Fruit/Vegetable Co-op: Bag for just \$15, Wednesdays after 10.30am, no need to order.
- * Free pick up meals: Monday, Wednesday, and Friday during school term from 2:30 pm

STRUGGLING With your POWER BILL?

Paying Too Much for Power? Let's Check! ⚡



Not sure if you're getting the best deal on your power bill?
We can help! Drop in, and we'll go over it with you.

 Drop in: Mondays, 10 AM – 11 AM (no appointment needed)

 Or message us to book another time!

 Contact us at Western Community Centre:

 07 847 4873 ext. 0

 ngahuia@wccham.org.nz

 PM us on Facebook

No stress, no fuss—just a quick check
to make sure you're not paying more
than you should!



What We Offer

Monday

Walking Group 9am - 10am

Plunket Clinic

Kaiarahi Family Court Navigator, fortnightly, 1pm- 3pm

After School Care, 3pm-5.30pm

Tuesday

Justice of the Peace Clinic, 9 am-11 am, no appointment needed

Legal Advice - 9am - 10am, please book

Acupuncture - Free 15 minute appointments, please book

Laughing Yoga, 9.30 am - 10.10 am

After School Care, 3pm-5.30pm

Hamilton Budgeting Advisory Trust- Financial Mentoring, 9 am – 4 pm

Dinsdale Toastmasters 7 pm

Wednesday

Plunket Clinic

Little Adventures' Family Group 9.30am-12.30pm, 108 Grandview

Citizens Advice Bureau, 10.30am - 12.30pm

Wooley Club, 10am-11.30am

Fruit and Vegetables pick up 11am-5.30pm

After School Care, 3pm-5.30pm

Toa Whakapuawai, youth programme, 3.30pm- 5.30pm

Thursday

Plunket Clinic

Free CV Drop in & Job Hunt - Puatata, 10am - 12pm (fortnightly)

Kaivololution FreeStore, 1pm

After School Care, 3pm-5.30pm

Note to Self Mental Wellbeing Support Group, 12.30pm - 2pm

Tairanga Girls Group, 3.30pm- 5.30pm

Friday

Plunket Clinic

Hamilton Budgeting Advisory Trust- Financial Mentoring, 9 am – 4 pm

Iloha Club Japanese Playgroup, 10 am- 12 pm

Out West Radio Show Free FM 89.0, 11am

Kāinga Ora Housing Support Manager (fortnightly)

Kaivololution FreeStore, 1pm

50+ Luncheons, third Friday of the month, 12 pm - 1.30 pm, Check Calendar for Bus Trips

After School Care, 3pm-5.30pm

Toa Whakapuawai, youth programme, 3.30pm- 5.30pm

Saturday

Kimura Kiwis, Jiu Jitsu children classes, 9 am-10 am

Chain Link Bike repairs, last Saturday of the month 10 am - 11 am

Rongoaa Clinic, first Sunday of the month, 10.30am - 2pm, check out the Matangaro Wellness Clinic

Hambats fortnightly fighting game event, 12 pm - 7pm

Fair Share Market, 2nd Saturday of the month

(Crop Swap 9am to 10am, Craft Swap 10am to 11 am, Repair Co Op 10am to 12pm.

Sunday

Every Nation Church



Vision

Thriving, vibrant,
healthy and
self reliant
communities.

Mission

To create
opportunities and
provide support that
enhances the health
and well-being of the
people in
our community.

Check out our Facebook Page for regular updates on what is taking place!



Plunket Clinics

Monday, Wednesdays, Thursdays and Fridays.

Iloha Club Japanese Playgroup- Fridays

A Japanese playgroup for mums and dads who can speak Japanese and for children aged 0 to 5 who are learning Japanese in Waikato. Check out Hamilton Iloha Playgroup on Facebook, hamiltonilohaclub@gmail.com



Little Adventures Playgroup

9.30am-12.30pm, 108 Grandview Road, look out for the bright green flag at the driveway entrance.



WCC After-School Programme

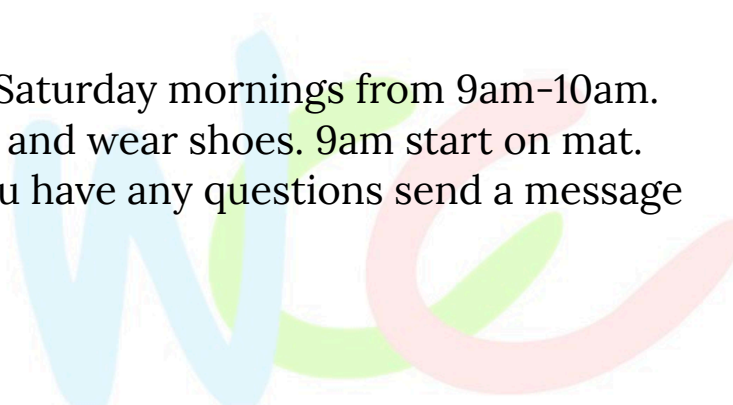
Providing fun and stimulating activities as well as afternoon tea for the children. Children are collected and brought to our centre from Nawton School and Rotokauri School. The programme runs till 5.30 pm, \$16.50 per day Rotokauri has additional transport costs. Enrolments can be made on our website. OSCAR WINZ subsidies are available for our after school care and school holiday programmes. Find out if you're eligible through Work and Income.

WCC Holiday Programme

We offer eight weeks of fun-filled programmes for children aged 5-13 years, designed to keep them engaged, active, and learning throughout the day. From arts and crafts, sports, and team-building challenges to outdoor trips, there's something for every child! Each day is packed with a variety of activities that promote creativity, teamwork, and physical activity in a safe, supervised environment. Enrolments can be made on our website. OSCAR WINZ subsidies are available for our after school care and school holiday programmes. Find out if you're eligible through Work and Income.

Kimura Kiwis

Free Children's Jiu Jitsu class takes place Saturday mornings from 9am-10am. Children just need to bring a water bottle and wear shoes. 9am start on mat. Doors open 8.30am. For more info or if you have any questions send a message to Kimura Kiwis Inc.





GOT A PHONE? WE CAN HELP

CONFUSED BY YOUR PHONE, LAPTOP, OR APPS?
WE'RE HERE TO HELP - AT YOUR PACE

We can help with:

- Using smartphones & tablets
- Laptops & computers
- Apps, email & photos
- Internet & online forms
- Video calls & settings
- General questions

THIS IS A FREE SERVICE!

Every Mondays 10am - 12pm

DROP IN SESSIONS - No appt needed

46 Hyde Ave

Western Community Centre



FRUIT TREE *PRUNING* WORKSHOPS

(free to attend)

Pukete Neighbourhood House

43 Church Road, Pukete, Hamilton

Friday 31 July | 2.00 pm

Glenview Community Centre

12 Tomin Road, Glenview, Hamilton

Tuesday 4 August | 11:30 am

Western Community Centre

46 Hyde Avenue, Nawton, Hamilton

Friday 7 Augst | 2.00 pm



Scan to Register



goeco.org.nz

NAWTON COMMUNITY COLLECTIVE

Hui
every
first
Thursday

You're invited to:

A locally-led koorero, utilising local relationships, strengths & connections to 'better' our community & common spaces together.



Details:

- *1st Thursday of the month @ 6:30pm*
- *Western Community Centre
46 Hyde Ave, Nawton*
- *Begins with tea, coffee & kai*

Contact:

Neil Tolan 027 575 1987 or

Eric & Adair Oosterbroek 021 751 969



AKSTA'S INK
TATTOO AND TATOKO ARTIST

THE HUSTLE
TOP TIER
NEVER STOPS

BATTLE OF THE HOODS

CALLING ALL
DANCERS, RAPPERS, SINGERS,
GRAFFITI ARTIST & ANY ARTIST!
ANY PLATFORM. ANY TALENT. YOUR TIME TO SHINE!

**WESTERN
COMMUNITY CENTRE**

31ST JULY 2026

6PM - 10PM

Starring

LION REZZ
& MORE!

GIVE A LITTLE

SUPPORT OUR YOUTH. INVEST IN OUR COMMUNITY.

<https://givealittle.co.nz/cause/>
<https://www.facebook.com/sharep1c45ttjnfj>



BE THERE!
BE HEARD!
BE LEGENDARY!

POSITIVE VIBES ONLY • RESPECT • UNITY • COMMUNITY

Prevent the spread of germs



Create as much space as possible between the heads of sleeping children.



Try 'topping and tailing' if your children share a bed.



Try not to have lots of people sleeping together in one room.

Quick tips:



Use firewood that has been dried for a year.



Woolen blankets are warmer.



To remove mould and mildew spray on a mixture of 70 percent white vinegar and 30 percent water.

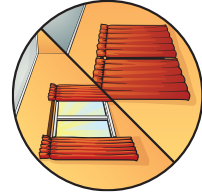


Wash your clothes with cold water and dry them outside if the sun is shining.

Keeping your home warm and dry this winter

Every household releases around 8 litres of moisture into the home every day from activities like cooking, showering and breathing.

The more moisture there is in the air, the harder and more expensive it is to heat. Here are some simple things you can do to help reduce moisture, making it easier to heat your home.



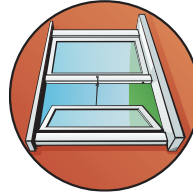
WHOLE HOUSE

Open curtains in the morning and close them just before dark to keep in the warmth.



WHOLE HOUSE

Wipe condensation off walls and windows.



WHOLE HOUSE

Air rooms in the daytime with an open window.



WHOLE HOUSE

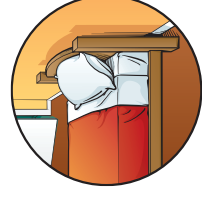
Use thermostats and timers so your heaters only come on when you need them and automatically turn off once the right temperature is reached.



KITCHEN

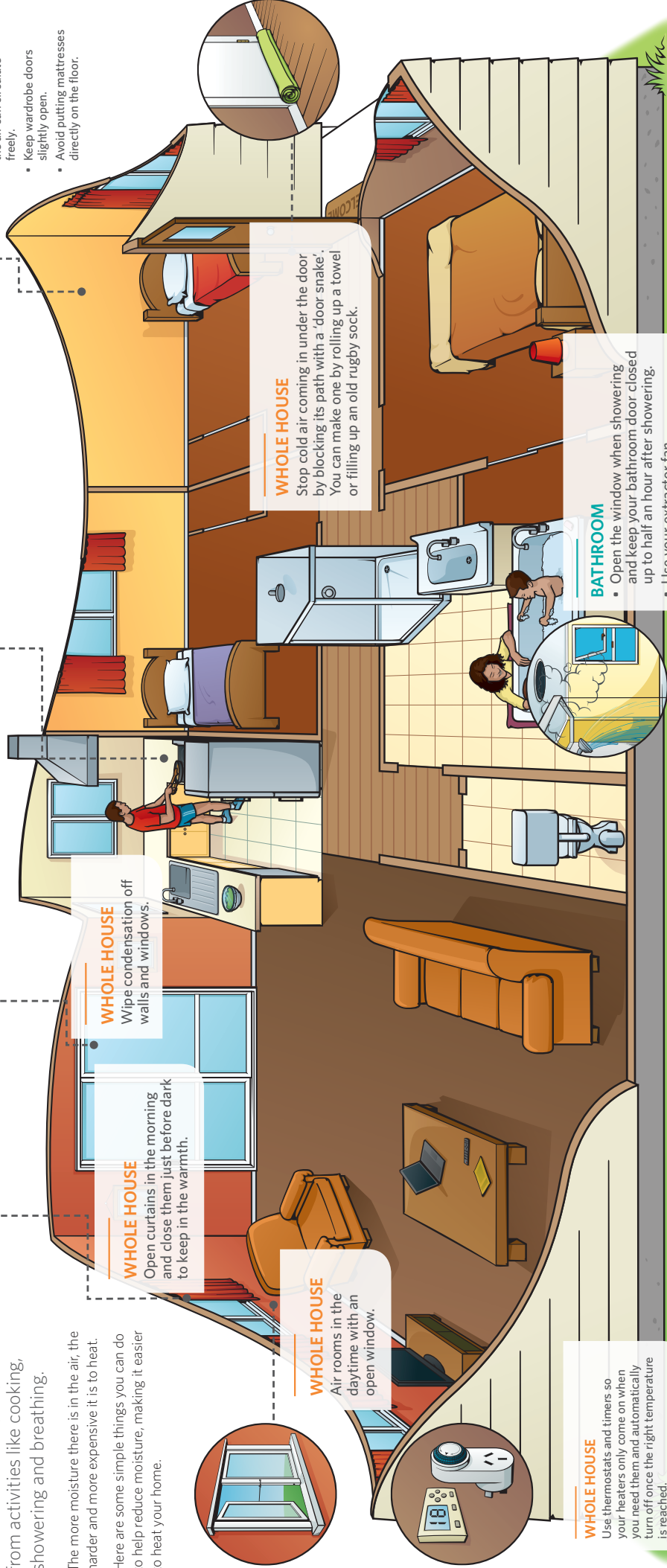
When you're cooking:

- keep lids on pots, and make sure the pot fits the element and the lid fits the pot
- use your rangehood
- open the window.



BEDROOM

- Keep beds and furniture away from the walls.
- The trapped air can cause condensation to form between the two, and mould will be in among your shoes and clothes before you know it. Always leave a gap so the air can circulate freely.
- Keep wardrobe doors slightly open.
- Avoid putting mattresses directly on the floor.



Skinny Jump



**From \$5
a month**



**Free modem with
35GB included**



**Bonus 15GB
every month**



**No contracts -
top up as you go**

Your household is eligible for JUMP if you identify with one or more of the following groups

Families with children in low socio-economic communities

People with disabilities

Migrants and refugees with English as a second language

Māori & Pasifika youth

Offenders and ex-offenders

Seniors

People living in social housing

Have a chat with us at Western Community Centre for more info!

Courage Counselling, where you can find counselling and support for the relationships in your life.

At Courage Counselling I create a friendly atmosphere where you can relax and address the issues affecting your relationships.

Includes: managing conflict, communication, feeling powerless or silenced, grief and depression, managing life transitions, managing stress / anxiety, managing emotion including anger, parenting, and financial stress.



COURAGE
Counselling
Shaping Relationships

We all face challenges in our lives.

Courage Counselling is dedicated to helping you strengthen your relationships, regardless of the issue, or the size of the issue.

Courage Counselling can help you build strong relationships to help you get through.

Ph. 027 536 7464



Jenny Ensing – Relationships Counsellor

B.App.Soc.Sci.(Counselling)

MNZAC

FRUIT & VEGETABLES

\$15

For over 40 years, your community centre's weekly fruit and veggie co-op has provided access to fresh produce while helping everyone save by buying in bulk!

Every Wednesday, our volunteers pack 130+ bags with fresh, seasonal produce from Foodtogether—including three types of veggies and three types of fruit.

No need to order—just drop by Wednesday 11 AM–5:30 PM to grab some! Need 3+ packs? Message us, and we'll set some aside for you!



Western Community Centre

Citizens Advice Bureau & Western Community Centre

Walk In Clinic

Wednesdays 10.30 - 12.30

Have a question? Ask
Us! We can help and
it's free, confidential
and supportive!

Citizens Advice Bureau





Need a Justice of the Peace? We've got a JP at the centre Tuesdays 9am -11 am. *No appointment needed just bring your documents and come on down.*



CHAIN LINK HAMILTON



DOING GOOD THINGS WITH BIKES

Date Last Saturday of the Month!

Time: 10am to 11am

Location: Western Community Centre Carpark.

What to bring ? Do you or a member of your family have a bicycle that could do with some TLC, we will assist you in some basic bicycle maintenance to get that bike back on the road.

Want to help out ? Do you have experience in fixing bicycles ? We would love you to be part of the Chain Link Hamilton Group.

Want to donate ? Do you have tools that you never use, puncture repair kits, tubes, bicycle parts ? Please send us a private message on our facebook page (chain link hamilton) or call James on 0211116709. We would love you to be part of the Chain Link Hamilton Group. Hope to see you there !



Free Legal Advice Tuesday!

We have two free appointments available tomorrow, 9.20am or 9.40am. A Lawyer from Niemand Peebles Hoult provides a free 20-minute consultation.

To book send us a message or call us on 8474873 ex 0 admin@wccham.org.nz

To book our Lawyers, we will need;

1. Full name
2. Contact number
3. Full name of (any) other person from whom you are seeking legal advice about
4. Topic you need Legal Advice for

50+

Events, Activities & Bus Trips



Bus Trips

We organize 3–4 bus trips a year, and they're always well-attended! These trips offer a fantastic opportunity to get together for a day filled with fun, food, travel, and great company.

Cost: Varies depending on the trip. Join us for the next adventure and make lasting memories!

Luncheons The luncheons offer a great chance to meet, socialize, and connect with others. Held on the second Friday of each month at 12 PM, each gathering features a new theme, and best of all—it's free! Come join the fun and enjoy a meal with your community. Welcome to bring a plate of kai.



The Woolly Club

Bring your own projects or simply enjoy the creativity of others! Our Fun Craft Group is a great way to unwind, learn new techniques, and share ideas in a relaxed and friendly environment. Whether you're an experienced crafter or a beginner, you're welcome to join us and have fun with fellow craft enthusiasts. Wed 10am - 12pm, free.



50+ Luncheon and Trips 2026

20 Feb	High Tea in the Park	Let's take this outside
20 Mar	Choc 'n' Cheese	Fondue Time!
17 April	Did someone say time for a bus trip?	Find out details at Choc 'n' Cheese
15 May	Autumn Harvest	Bring a homemade relish, jam or pickles
19 June	Nifty Thrifty	Get creative with your Op Shop wears
17 July	Matariki Creations	Shine like a star
21 Aug	Did someone say time for a bus trip?	Find out details at Matariki Creations
18 Sep	It's a Heist	Catch the culprit
16 Oct	First letter of your name	Bring a dish that begins with your letter
20 Nov	Twilight Dinner 6pm	Purchase your tickets
11 Dec	End of year bus bash!	Find out details at the Twilight Dinner

All Luncheons 12pm at 46 Hyde Avenue

Western Community Centre

These Luncheons are for those aged 50+

It's FREE to attend. Invite your friends and bring a plate to share.
Our Trips and Twilight dinner will require a small cost. Limited seats available so get in quick!

For any information call 07 847 4873 ext 0 or email
ngahuia@wccham.org.nz



Western Walkers

Mondays **9am**

Walking for an hour at your own pace
Start and Finish at *The Western Community Centre*
Finish with a hot or cold drink



Q&A

WIN BIG

COMMUNITY K

7:15 PM, THE
WESTERN C

+ MORE STOPS ACROSS

Youth Hub: A Fresh Space for New Generations

Many of you have been part of our WCC whaanau. Whether you remember us from the early days or more recently, you know that for nearly 50 years, the centre has been at the heart of activities, services, programmes, events, and unforgettable moments!

Alongside our youth we are very excited to announce a new chapter: we are transforming the unused sports changing rooms next to our centre into a brand-new community space and youth hub. Thanks to the generosity of the Hamilton City Council, who gifted us this building, we're ready to begin this exciting project. This space, located right across from our skate park and basketball court, will be a dedicated spot where youth can gather, connect, access services, and get alongside our youth workers.

We have now raised over \$950,000 to renovate this community space and youth hub, making it a vibrant, fully functional spot where local youth can thrive.

Building will start in 20 July! We are now raising funds to equip the space, pool table, table tennis chairs.

Thank you to Funders who have committed to supporting this project Len Reynolds Trust, Lottery Grants Board, WEL Energy Trust, DV Bryant Trust and Gallagher, Trust Waikato and Glenice & John Gallagher Foundation, Lodge Tawhiri, Altrusa International of Hamilton and Cambridge Drainage and Earthworks and Hamilton Central Rotary. Thank you to those who have donated through our Givealittle page and directly to us in our donation box at reception.

Why This Matters For nearly 50 years, Western Community Centre has been a safe space, a launchpad, and a home away from home for so many youth. This new hub will continue that tradition, giving today's youth a place to build friendships, grow skills, and find support. Future generations will enjoy this tremendous resource just steps away from the skate park and court where so many of our community's best memories were made.

Regular Support Consider setting up a small weekly donation to help our programs grow! A little each week can keep the hub stocked with supplies, equipment, and new opportunities.

You can donate via our centre reception or through our bank account: 03-1355-0693330-00 (SBS Western Community Association). For more information please contact Neil Tolan 07 847 4873 ext 9 manager@wccham.org.nz or Tom Hunt Ex 5.



Youth Hub Coming Soon!

A Fresh Space for New Generations

Scan to
donate on
givealittle
POWERED BY  perpetual guardian





LAUGHTER YOGA

TUESDAY'S
9.30AM - 10.10AM

CHILDREN WELCOME TO ATTEND WITH PARENTS

IT'S FREE TO ATTEND!

Western Community Centre

46 HYDE AVE, NAWTON

YOGA WITH SYDNEY

UNROLL YOUR MAT, UNWIND YOUR MIND.

BEGINNER FRIENDLY



This yoga class draws on traditional yogic practices of asana (postures) and pranayama (breath-work) to support both body and mind.

Slow, mindful postures help stretch and strengthen the body while breath-work encourages relaxation and mental clarity.

Open to all levels, the class offers a steady, supportive space to cultivate ease and awareness.

\$10 CASH | BYO YOGA MAT

EVERY MONDAY | 6PM -7PM

Western Community Centre
46 Hyde Avenue, Nawton,
Hamilton 3200

Room under green poles
No need to book, just turn up :)

July
2026

Western Stars Holiday Programme

From 8:00am till 5:30pm

\$40 per day and \$200 per week

Western Community Centre
46 Hyde Ave, Nanton,
Hamilton

Phone: 078474873

Email: westernstars@wccham.org.nz

Website: www.westerncommunitycentre.org

Week One

Mon 6th July	Morning What's in the Box? Welcome to day one of Holiday Program! This morning we'll play "What's in the Box?" with plenty of prizes to win!	Afternoon Nerf Battle This afternoon we'll battle it out in the ultimate Nerf war!
Tue 7th July	Trip!	Claudlands Play-Ground Today we're off to the Claudlands playground, so bring covered shoes and warm clothing for a fun-filled day! (wether dependant)
Wed 8th July	Morning Arts and Crafts, Kites This morning we will get creative by making and decorating kites!	Afternoon Cookie Decorating Today we will work together to make a delicious afternoon treat!
Thur 9th July	Trip!	Inflatable World Today we're off to Inflatable World for a day of fun on their amazing bouncy castles!
Fri 10th July	Matariki Public Holiday	No Program

Week Two

Mon 13th July	Morning G-Board Tournament Bring your sharpest skills, because this morning we'll have a tournament to see who is the ultimate G-Board champion!	Afternoon Kimura Kiwis This afternoon we'll have a special visit from the team at Kimura Kiwis, who will teach us some jiu-jitsu skills!
Tue 14th July	Trip!	Meteor Theatre Today we are off to the Meteor Theatre to see their brand new show, The Hunt for the Giants Hart!
Wed 15th July	Morning PJ Party, Arts and Crafts Today we'll have a cosy morning in our PJs, making homemade fidget toys together!	Afternoon PJ Party, Plushy Show & Tell As well as coming dressed in your best and cosiest pyjamas, bring along your favourite stuffed toy for us all to meet!
Thur 16th July	Morning Play Ball Sports This morning we'll once again have a special visit from our favourite coaches at Play Ball!	Afternoon Spaghetti Meatballs This afternoon we'll put our cooking skills to the test as we work together to make a delicious meal of spaghetti and meatballs!
Fri 17th July	Trip!	Mellville Skate Rink Today we're off to the Melville Skate Rink, so get ready for a fun-filled day of roller skating!

Programme Information

HOW DO I ENROL MY CHILD/CHILDREN?

Go to our website at www.westerncommunitycentre.org/holiday-programmes, for directions on enrolling your child/children through the parent portal (Aimy Plus). If you are having any issues, please call (07) 8474873 and we will talk you through the process.

WORK AND INCOME

You may be eligible for an OSCAR subsidy. If so, please ensure your application/renewal is lodged with Work and Income prior to your child attending the programme.

SIGN IN/SIGN OUT

Parents/Caregivers are required to sign in and and sign out every day that your child/children attend the programme.

COSTS

We charge \$40 per day and \$200 per week.

TIMES

Your child/children can be dropped off any time from 8am and must be picked up by 5:30pm.

WHAT TO BRING

Please ensure that your child/children bring morning tea, afternoon tea, lunch and a water bottle.

Children must come to the programme with appropriate clothing and footwear for the day's activities. Money and personal belongings should be left at home unless specifically requested.

CANCELLATIONS

Any cancellations of holiday programme bookings must be received the Thursday prior to the beginning of the booked Holiday Programme. There are no refunds for cancellations after this. Enrolments cancelled prior to the cut-off date will be charged a \$20 administration fee.

CENTRE POLICIES

Our Western Community Centre policies are available to view from our centre reception. A copy can be given to you if you would like one.

FREE MARTIAL ARTS

Free Martial Arts classes for children under 16 years old! Our classes incorporate elements of Jiu Jitsu, Sambo and Judo hidden in fun games to teach the fundamentals



Completely free: No need for booking, just show up and have fun. It's completely free!



Helps children gain confidence, learn discipline and exercise all while having fun



Contact us: Message us on Facebook or Instagram @Kimura Kiwis Inc

SCAN TO FIND
OUT MORE



Saturdays
9am start
on mat.
Doors open
8.30am.



COME
CHECK IT
OUT!



Pasifika Dance Group

Celebrate the Cultures of the Pacific!



Join Malu I Fale Pasifika Group!

Learn traditional dances, cultural storytelling, music, and the heritage of Samoa, Tonga, Fiji, Cook Islands, and more. Our group is also about fostering community, building pride, and sharing our culture in many different ways!

Monday's & Tuesdays
5:30pm – 7:00pm

Held at the Western Community Center Nawton





little adventurers'

FAMILY PLAYGROUP

FREE PLAYGROUP

**Families & Whanau with children aged 0-6years,
Come & join us for a fun morning of play, learning & socialising!**



WEDNESDAY MORNINGS DURING SCHOOL TERMS

9.30AM – 12.30PM

108 GRANDVIEW ROAD

DOWN THE DRIVEWAY TO CARPORT AND FOLLOW THE PATH TO THE BACK BUILDING

CONTACT ANDREA (COORDINATOR) 0273472744

[WWW.FACEBOOK.COM/LITTLEADVENTURERSPLAY](https://www.facebook.com/littleadventurersplay)

**EACH WEEK IS DIFFERENT AND WE MAY BE ON AN ADVENTURE TOO SO CHECK THE PAGE EA
WEEK FOR DETAILS ON WHETHER WE ARE AT VENUE OR OUT AND ABOUT**

Tables & Chairs for Hire.



Pick up Friday drop back on Monday, Chairs \$3, Tables \$7.
\$50 bond.

If you are hiring large quantities the bond will be increased.

westerncommunitycentre.org



Note2self Mental Wellbeing Support group

DETAILS

Location:
Western Community
Centre

Date: Every Thursday

Time: 12:30pm - 2:00pm

Excluding school holidays
No registration required.
Just turn up.

Cost: Free

Contact Andre Jackson on
022 1055 659 for more
information



Note2self
Support Groups For Wellbeing

Support Group

Do you live with depression and/or anxiety.

Are you stuck in life or feeling a bit lost?

Do you look in the mirror and don't know the person looking back, but you want too?

This support group is designed for you with you in mind from people that walk the talk.



Empower Yourself with Our Women's Self-Defence Workshop!

Get ready for the most intense, comprehensive & hands-on
self-defence training in New Zealand and Australia!

This isn't just another class!! It's an immersive experience
designed to equip you with the skills, confidence,
and techniques that you need to stay safe.

WESTERN COMMUNITY CENTRE
46 Hyde Avenue, Newton, Hamilton
25th & 26th July 2026
10am - 4:30pm

Register at selfdefencecourses.co.nz
Contact: info@selfdefencecourses.co.nz

FREE FOOD - NO QUESTIONS ASKED

Find your closest Free Store and Give Them a Call

KIRIKIRIROA HAMILTON FREESTORES

Hours subject to change



HEALTHY ENVIRONMENTS & THRIVING COMMUNITIES

Waimarie: Hamilton East Community House

53 Wellington Street, Monday to Friday 1pm

Call first on 07 8583453.

Te Whare Kokonga – Melville Community Centre

58 Bader Street, Bader, Tuesday and Thursday 1pm

Western Community Centre,

46 Hyde Avenue, Nawton,

Thursday & Friday from 1pm

Glenview Community Centre, 12 Tomin Road,

Monday, Wednesday and Friday 1pm

Register before 12.30PM. 07) 843 2600

Pukete Neighbourhood House, 43 Church Road,

Monday, Wednesday and Thursday from 1pm.

Good News Community Centre,

78 Breckons Avenue, Nawton,

Monday-Friday (Except Wednesday) from 1pm

Te Papanui Enderley Community Trust,

66 Tennyson Road Tuesdays and Thursday from 1pm

Te Whānau Pūtahi Community Centre,

37 Oxford Street, Monday & Friday 1pm

Te Whare o te Ata,

214 Clarkin Road, Fairfield, Wednesdays 1pm

THE FOOD RESCUED DAILY IS UNPREDICTABLE, IF YOU NEED A FOOD PARCEL PLEASE
CONTACT HERE3HELPU.NZ OR LEAVE A MESSAGE ON 0800 568273

We have photocopying and printing services available. We can print from your USB, laminate those documents or scan to email.



A4 B&W 10c
A4 Colour 50c,
A3 B&W 15c,
A3 Colour \$1
Scan to email \$1
Laminating A4 \$1, A3 \$1.50

If you have large quantities talk to us and we may be able to sharpen the pencil.



Fair Share Market

Crop Swap 9am to 10am,
Craft Swap 10am to 11 am,
Repair Co Op 10am to 12pm.

2nd Saturday of the month



A **reciprocal** community where members **share** skills, knowledge and time with each other

<https://waikatotimebank.org.nz/>

Out West Radio is our weekly radio show and podcast about Hamilton West, and keeping Hamilton West residents informed and up to date with what is happening at **Western Community Centre**.

Out West Radio is broadcast Fridays on FreeFM 89.0 at 11am.

Livestream: **freefm.org.nz**, **accessmedia.nz** app and via your Amazon Alexa and Google devices

With all episodes available as podcasts via Spotify **<http://bit.do/OutWestRadio-Spotify>**

Free FM **<http://bit.do/OutWestRadio-FreeFM890>**

Apple Podcasts **<http://bit.do/OutWestRadio-Apple>**



Western Wheels 2026

Learner Licence



DATES:

- Monday 19th - 22nd Jan
- Monday 30th-2nd April
- Monday 29th - 2nd July
- Monday 21st - 24th Sep

COSTS:

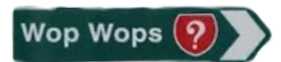
WCC Fee : \$50

Licence Test Fee : \$96.10 PAID to VTNZ



9am- 3pm

To Secure your Place ! Course fee and enrolment **MUST** be completed prior to course . **LIMITED SPACES**



Western Community Centre

46 Hyde Ave Hamilton

T: 07 8474873 ext 0

admin@wccham.org.nz

or message our facebook page

www.westerncommunitycentre.org

District 72, Division B, Area 3, Club Number 5493

Every Tuesday at 7:15 pm



Contact Karen 027 3901487

Rongoā Clinic

We offer
personalized
treatments using
rongoā
(medicine),
pure
(cleansing),
and
karakia (prayer)
to promote
well-being

First Saturday of the Month

10:30am – 1:30pm

Cost: Koha for
20mins

108 Grandview Rd,
Nawton, Hamilton



Rongoa available for sale

Toi Māori ki Nawton (Māori Art in Nawton) with Teresa Koroheke

Toi Māori ki Nawton (Māori Art in Nawton) with Teresa Koroheke

COURSE OUTLINE

Whether you are a beginner or an advanced weaver, come along and learn from this dedicated weaver who has a passion for teaching and passing on the knowledge of her tupuna (ancestors). This is a great class for all ages, no matter what ethnicity or gender.

This 8-week course takes you on an exciting haerenga (journey) of learning Toi Māori (Māori Art) from weaving with harakeke (flax) to making a Matariki Mobile and finishing with a Tukutuku Panel.

Come along and learn the basic weaves and techniques used to create taonga (gifts) for your whānau (family) as well as tikanga (customs and traditions) around harakeke (flax). It is an opportunity to connect with Te Taiao (the Environment). Raranga (flax weaving) is therapeutic and good for the soul. This course is a safe place to connect, to korero (speak), to katakata (laugh) and be yourself.

If you are available on Wednesdays from 9.30-2.30pm come along and create items that have practical use and connect with ancestral practices and teachings and come and add more knowledge to your Kete. The next course runs from Wednesday, 6th May 2026.

You can register at the Western Community Centre or book online on their website: westerncommunitycentre.org/toi-maori-ki-nawton-maori-art-in-nawton

Week 1



Weave a PUTIPUTI (flax flowers) You will learn:

- to identify which species of flax to harvest
- the Do's & Don'ts of harvesting flax
- how to cut the leaves
- customs (tikanga) around harvesting and weaving
- using the pasta maker to create harakeke ribbon

Week 2



Weave a WRISTBAND with flax

You will learn:

- to identify the correct species of flax to weave a wristband
- to create patterns while having fun at the same time
- play and experiment with coloured flax (harakeke)
- how to dye harakeke & the different dyes



Week 3

Make a KUPENGA (fish net) around a KOHATU (stone)

Kupenga is a type of open weave net used for fishing or gathering food (kai) e.g. seafood (kaimoana), riwai (potatoes) or kumara (sweet potato) You will learn:

- resources other than flax (harakeke) that can be utilised e.g. string
- this open weave to make other taonga (treasures) e.g. jewellery holders



Week 4

Weave a small contemporary TUKUTUKU panel representing your PEPEHA (a traditional oral recitation given when introducing yourself. Pepeha tells a story of your connection to the whenua, your iwi and hapu.

You will learn:

- What materials were used e.g. kākaho, toetoe, kiekie, raupo
- Contemporary resources that can be used now and that are easily accessible
- Patterns and their meanings

-2-

Week 5



WAKA HOE - while the hoe was primarily a paddle, it also doubled as a weapon when the need arose. Paint and design on one side, hot poker machine burn on the other side You will:

- Research designs relating to the moana e.g. Mangōpare (hammer shark that is often depicted in traditional kōwhaiwhai and carving. It is a fundamental symbol in Toi Māori and communicates values of strength, determination, leadership and levelheadedness
- Choose a Whakatauki (proverb). These embody the values, wisdom, wit and common sense of tangata whenua. They are usually short and concise using symbolism and metaphor to convey key messages
- Use a hot poker machine to burn designs

Week 6



KOWHAIWHAI PATTERNS tell a story e.g. history and are specially designed for the iwi/hapu. Kowhaiwhai are painted on the tahuu (ridgepole) of the whareni stretching the length of the building and represents the whakapapa of the iwi/hapu You will learn:

- Common patterns and their generic meanings:
 - Kaperua - this pattern represents things doubled. This pattern is the koru repeating and turning back into itself- this may continue to infinity. The koiri is a symbol of self-reflection and nurturing, it also means to flourish.
 - Mangōpare - this design comes from the hammerhead shark and represents strength, courage and power.
 - Patiki - the design represents the Patiki or flounder. It is a symbol of hospitality

Week 7



WEAVE A WATER BOTTLE HOLDER USING HARAKEKE

Weave your very own unique water bottle holder using natural resources. This truly is a sustainable creation.

You will learn:

- Basic takitahi weave technique (over-one, under-one pattern alternates from row to row so that the stakes are also going over one, under one vertically)

Week 8



KOHA KETE

Prepare yourself for better things to come by starting to learn how to make a 2-cornered Koha Kete.

Taura (Students) can expect to create all these items over eight weeks. The key to success is: Showing up to every class, having a good laugh and enjoying yourself. Some tasks require numeracy such as counting harakeke and dividing into separate strips – you got this!!

Takes place each School Term, Course Fee \$50 held at our centre at 108 Grandview Road

Other costs / Tools required at session 1

Students will need to bring some tools and resources to start i.e. Sharp Scissors, Sunshine Clothes Pegs (Woolworths) & Paint Pens (black and white from Gordon Harris)

About your Kaiako (Tutor)

My grandmother was a Master Weaver and I grew up watching her weave kete, baskets and whariki (mats). Everything she made were for practical use for the whānau. She was my inspiration. I learn through doing and experiencing (kinesthetic) and am excited to be able to teach what I have learned to others. I believe I have a high level of patience and tolerance toward students and a good sense of humour. Coming up with new ways to engage students is incredibly important so creativity and imagination are vital.

By sharing knowledge, we not only contribute to the collective intelligence but also foster innovation, facilitate decision-making, promote a sense of Kotahitanga (unity) among fellow taura (students), creativity and continuous learning. Sharing is caring.

Teresa Koroheke
Tutor (Kaiako)



Hamilton West

NETWORK MEETINGS

The Hamilton West network has been running for over 30 years and is a gathering of individuals, organisations, and key stakeholders from various community-based sectors, such as non-profit organisations, faith-based groups, government agencies, and grassroots community groups.

This regular gathering offers a great chance to keep up with the latest information in the Hamilton West community sector and the wider city. It's a valuable opportunity to share and promote your events, activities, programs, and services, ensuring everyone stays informed.

Additionally, it's a great platform to discuss local issues and challenges, while also celebrating our successes.

Everyone is welcome, and we always enjoy a hot drink afterwards.

2026 Dates

Monday 2nd March
Monday 4th May
Monday 13th July
Monday 7th September
Monday 9th November

1 pm - 2.15 pm held at the Western Community Centre,
46 Hyde ave, Nawton.

For more information contact
neil.tolan@wccham.org.nz



MONTHLY ARENA RANKING BATTLES

HAMBATS



HAMILTON'S MONTHLY FIGHTING GAME TOURNAMENT
FIGHT YOUR FRIENDS OR CHALLENGE THE LOCAL LEGENDS
ALL GAMES WELCOME. BYO SETUPS AND CONTROLLERS

WESTERN COMMUNITY CENTER, NAWTON, HAMILTON.



WESTERN Community News

Delivered to 19,000 homes across Hamilton West! YOUR PEOPLE - YOUR PAPER

2026 Deadlines	Distributed	Issue No.
9 Feb	4 March	Issue 140
23 Mar	15 April	Issue 141
18 May	10 June	Issue 142
20 July	12 August	Issue 143
7 September	1 October	Issue 144
9 Nov	2 December	Issue 145
Articles no more than 300 words		

Advertising Rates	Size	Price (Inc gst)
1/8 page	10cm (h) x 13cm	\$230
1/4 page	18.5cm (h) x 13cm	\$400
1/2 page	18.5cm (h) x 26cm	\$650
Front Page	10cm (h) x 13cm	\$600
Full Page	37cm (h) x 26cm	\$1,000
Back Page 1/2	18.5cm(h) x 13cm	\$720
Back Page 1/4	18.5cm (h) x 13cm	\$450





Jamie
Toko
Chairperson



Renu
Cherrington
Treasurer



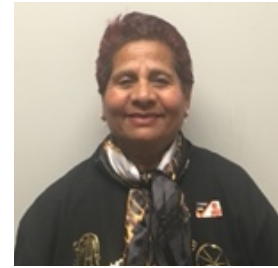
Pare
Ruha
Secretary



Bill
Rees
Vice Chairperson



Carl
Jackson



Shanti
Ralm



Karina
Cootes



Anaru
Terry



Joan
Marshall



Dave
Macpherson
Life Member

Board Members

Fruit Trees in Homes

3,362
Fruit Trees
Planted in
617 homes,
475 in our
PUBLIC
SPACES

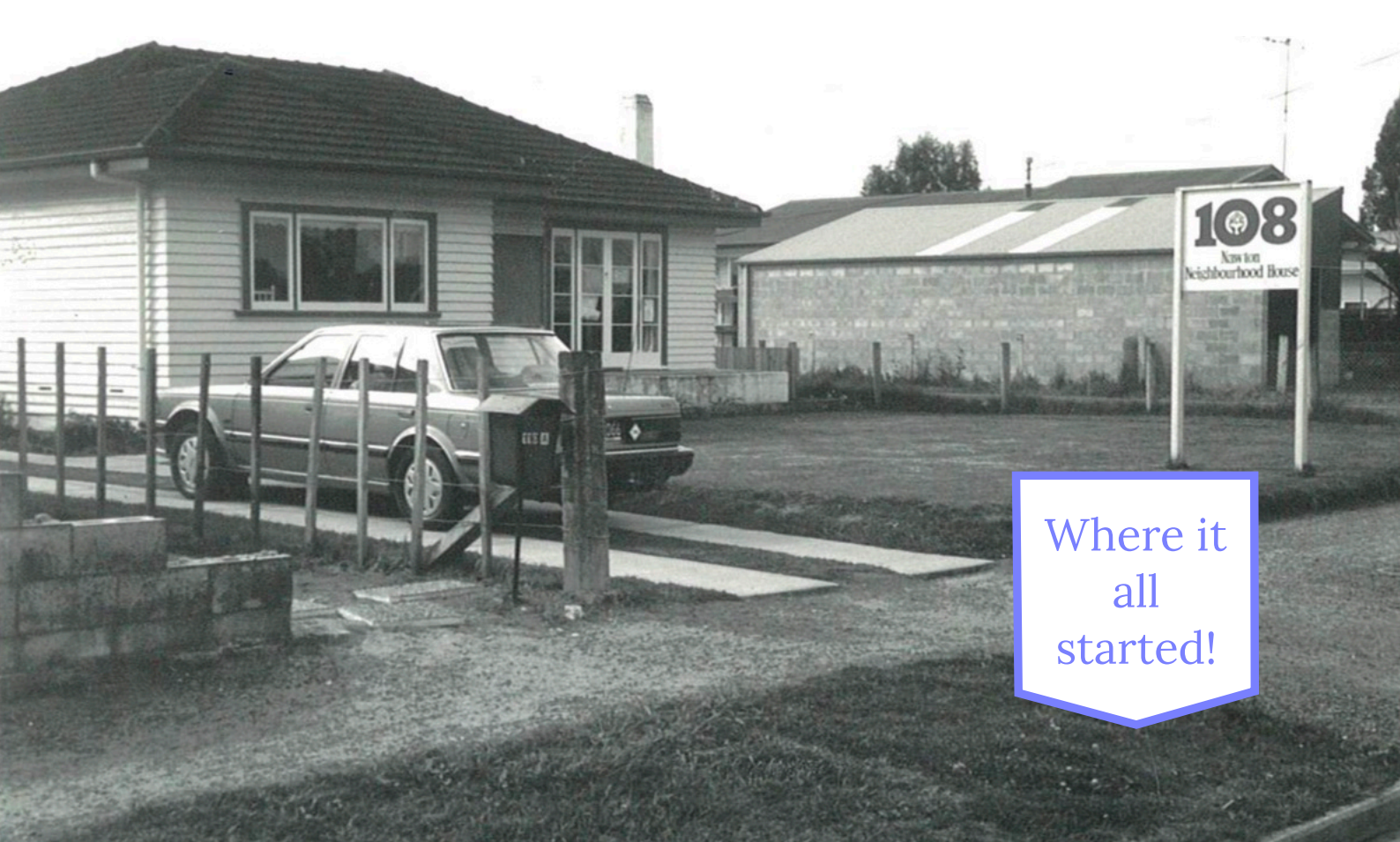
Western Community Centre

The Fruit Trees in Homes project took root back in 2012, and since its inception, 3,362 fruit trees have now been planted in 617 households and 475 fruit trees have found a home in our public spaces.

More than a decade has passed since the first fruit tree was planted, and it's evident that this project is yielding significant positive impacts.

Every day, we witness the impact of this initiative, as many of you who have received these fruit trees generously contribute by dropping off surplus produce, allowing us to extend the benefits to even more individuals in our community.





Where it
all
started!



"The heart of a
community
beats within its
neighbourhoods.
Be the pulse that
makes it
stronger."



T: 07 8474873, admin@wccham.org.nz
46 Hyde Ave, Nawton, Hamilton, Aotearoa, NZ
westerncommunityCentre.org