

June 2026

Doing what we do for almost 50 years!



Together We are Strong!

WESTERN COMMUNITY CENTRE

WESTERN VIBES



# **Enrol early so you're ready to vote!**

**Enrolment will close  
before voting starts for the  
2026 General Election.**

**Enrol or update your details at [vote.nz](https://vote.nz)**



**ELECTORAL  
COMMISSION**  
TE KAITIAKI TAKE KŌWHIRI

Unlike previous elections, you won't be able to enrol and vote at the same time.

# Thank You



Thank you to all those community members that come into the centre and make financial donations, donate items, clothing, food but most importantly give time.



## What We Offer

Over 101 unique support services, activities, events, and programmes are held each year, available to the public from our community-owned facilities at Hyde Ave and Grandview Rd.

### Community Information Hub

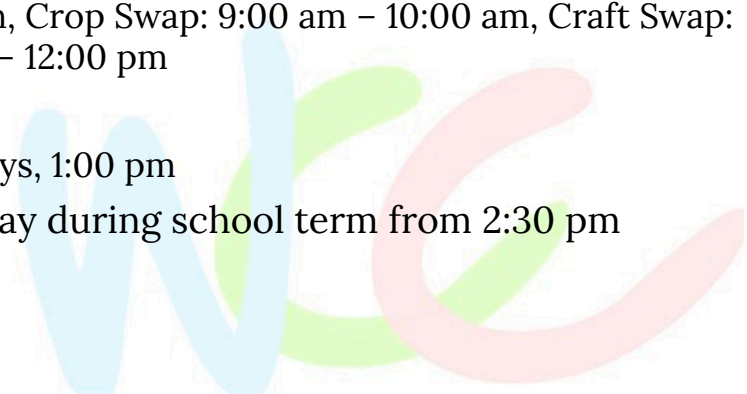
- \* Justice of the Peace: Tuesdays, 9:00 am – 11:00 am
- \* Citizens Advice Clinics: Wednesdays, 10:30 am – 12:30 pm
- \* Family Court Navigator: Fortnightly
- \* Kāinga Ora Housing Support Manager: Monthly
- \* Whānau Support Worker: Family support
- \* Hamilton Budgeting Advisory Trust: Financial mentoring, Tuesdays & Fridays
- \* Legal Advice from Niemand Peebles Hoult: Tuesdays, 9:00 am – 10:00 am (please book)
- \* Acupuncture: Tuesdays, 10:00 am – 11:30 am (please book)
- \* Plunket Outreach Clinic
- \* Fruit/Vegetable Co-op: Bag for just \$15, Wednesdays after 10.30am, no need to order.
- \* Western Community Newspaper: Bimonthly, delivered to 19,000 homes

### Programs and Activities

- \* Playgroups and children's programmes
- \* 50+ events, trips, luncheons, activities, and walking groups
- \* Power bill check: Bring in your bill to ensure you are not paying more than you need to
- \* Toi Māori (Māori Art)
- \* Western Wheels learner licence courses
- \* Out West Radio Show: Fridays, 11:00 am on Free FM 89.0 or listen on digital platforms
- \* Youth activities, events, programmes, and leadership development
- \* Children's holiday and after-school programmes
- \* Community education and training

### Facilities and Services

- \* Free public phone and computers
- \* Photocopying, printing, and scanning
- \* Hire our Venue, Over 2,519 bookings each year. Over 153 community groups, organisations, faith-based communities, education providers, and clubs use our venue each year. Also a great place for whanau gathering and celebrations.
- \* Table and chair hire.
- \* Fair Share Market: 2nd Saturday of the month, Crop Swap: 9:00 am – 10:00 am, Craft Swap: 10:00 am – 11:00 am, Repair Co-op: 10:00 am – 12:00 pm
- \* Regular Triple One Care First Aid Courses
- \* Go Eco Free Food Store: Thursdays and Fridays, 1:00 pm
- \* Free meals: Monday, Wednesday, and Friday during school term from 2:30 pm



## Monday

Walking Group 9am - 10am  
Plunket Clinic  
Kaiarahi Family Court Navigator, fortnightly, 1pm- 3pm  
After School Care, 3pm-5.30pm

## Tuesday

Justice of the Peace Clinic, 9 am-11 am, no appointment needed  
Legal Advice - 9am - 10am, please book  
Acupuncture - Free 15 minute appointments, please book  
Laughing Yoga, 9.30 am - 10.10 am  
After School Care, 3pm-5.30pm  
Hamilton Budgeting Advisory Trust- Financial Mentoring, 9 am – 4 pm  
Dinsdale Toastmasters 7 pm

## Wednesday

Plunket Clinic  
Little Adventures' Family Group 9.30am-12.30pm, 108 Grandview  
Citizens Advice Bureau, 10.30am - 12.30pm  
Wooley Club, 10am-11.30am  
Fruit and Vegetables pick up 11am-5.30pm  
After School Care, 3pm-5.30pm  
Toa Whakapuawai, youth programme, 3.30pm- 5.30pm

## Thursday

Plunket Clinic  
Free CV Drop in & Job Hunt - Puatala, 10am - 12pm (fortnightly)  
Kaivolution FreeStore, 1pm  
After School Care, 3pm-5.30pm  
Note to Self Mental Wellbeing Support Group, 12.30pm - 2pm  
Tairanga Girls Group, 3.30pm- 5.30pm

## Friday

Plunket Clinic  
Hamilton Budgeting Advisory Trust- Financial Mentoring, 9 am – 4 pm  
Iloha Club Japanese Playgroup, 10 am- 12 pm  
Out West Radio Show Free FM 89.0, 11am  
Kāinga Ora Housing Support Manager (fortnightly)  
Kaivolution FreeStore, 1pm  
50+ Luncheons, third Friday of the month, 12 pm - 1.30 pm, Check Calendar for Bus Trips  
After School Care, 3pm-5.30pm  
Toa Whakapuawai, youth programme, 3.30pm- 5.30pm

## Saturday

Kimura Kiwis, Jiu Jitsu children classes, 9 am-10 am  
Chain Link Bike repairs, last Saturday of the month 10 am - 11 am  
Rongoaa Clinic, first Sunday of the month, 10.30am - 2pm, check out the Matangaro Wellness Clinic  
Hambats fortnightly fighting game event, 12 pm - 7pm  
Fair Share Market, 2nd Saturday of the month  
(Crop Swap 9am to 10am, Craft Swap 10am to 11 am, Repair Co Op 10am to 12pm.)

## Sunday

Every Nation Church



**Vision**  
Thriving, vibrant,  
healthy and  
self reliant  
communities.

**Mission**  
To create  
opportunities and  
provide support that  
enhances the health  
and well-being of the  
people in  
our community.



# Children

## Plunket Clinics

Monday, Wednesdays, Thursdays and Fridays.

Book an appointment contact the Plunket office 839 3982



## Spanish Playgroup - Thursdays

## Iloha Club Japanese Playgroup- Fridays

A Japanese playgroup for mums and dads who can speak Japanese and for children aged 0 to 5 who are learning Japanese in Waikato.

Check out Hamilton Iloha Playgroup on Facebook, [hamiltonilohaclub@gmail.com](mailto:hamiltonilohaclub@gmail.com)



## WCC After-School Programme

Providing fun and stimulating activities as well as afternoon tea for the children. Children are collected and brought to our centre from Nawton School and Rotokauri School. The programme runs till 5.30 pm, \$16.50 per day Rotokauri has additional transport costs. Enrolments can be made on our website. OSCAR WINZ subsidies are available for our after school care and school holiday programmes. Find out if you're eligible through Work and Income.

## WCC Holiday Programme

We offer nine weeks of fun-filled programmes for children aged 5–13 years, designed to keep them engaged, active, and learning throughout the day. From arts and crafts, sports, and team-building challenges to outdoor trips, there's something for every child! Each day is packed with a variety of activities that promote creativity, teamwork, and physical activity in a safe, supervised environment. Enrolments can be made on our website. OSCAR WINZ subsidies are available for our after school care and school holiday programmes. Find out if you're eligible through Work and Income.

## Kimura Kiwis

Free Children's Jiu Jitsu class takes place Saturday mornings from 9am-10am.

Children just need to bring a water bottle and wear shoes. 9am start on mat. Doors open 8.30am. For more info or if you have any questions send a message to Kimura Kiwis Inc.





# GOT A PHONE? WE CAN HELP

CONFUSED BY YOUR PHONE, LAPTOP, OR APPS?  
WE'RE HERE TO HELP - AT YOUR PACE

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We can help with:

- Using smartphones & tablets
- Laptops & computers
- Apps, email & photos
- Internet & online forms
- Video calls & settings
- General questions

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THIS IS A FREE SERVICE!

Every Mondays 10am - 12pm

DROP IN SESSIONS - No appt needed

46 Hyde Ave

Western Community Centre





# Come see us!

Nau mai haere mai

We invite existing Kāinga Ora tenants to join us at a regular drop-in session.

This is a relaxed space to sit, chat, and connect with our team about any housing-related questions, support needs, or kōrero that matter to you.

There are no presentations or formal agendas — just an opportunity to talk, ask questions, and be supported.

**When:** The last Friday of every month, from 10am to 1pm:

- Friday 24 April
- Friday 29 May
- Friday 26 June

**Where:** Western Community Centre  
46 Hyde Avenue, Nawton, Hamilton

## Can't make this day and time?

For more information regarding our housing developments, feel free to contact our team via our contact centre on 0800 801 601 and ask to speak with your housing manager.

Hope to see you there.  
 **Kāinga Ora**  
Homes and Communities



# NAWTON COMMUNITY COLLECTIVE

Hui  
every  
first

Thursday

You're invited to:

*A locally-led koorero, utilising local relationships, strengths & connections to 'better' our community & common spaces together.*



**Details:**

- *1<sup>st</sup> Thursday of the month @ 6:30pm*
- *Western Community Centre  
46 Hyde Ave, Nawton*
- *Begins with tea, coffee & kai*

**Contact:**

*Neil Tolan 027 575 1987 or*

*Eric & Adair Oosterbroek 021 751 969*



# Bike to sport

**Bike to your sports games at  
Gallagher Hockey Centre, Discovery Park  
or Elliott Park and be in to  
win Ninja Valley passes!**



## When

**Saturday 13 June 2026**

Gallagher Hockey Centre, Frankton

**Saturday 20 June 2026**

Discovery Park, Flagstaff

**Saturday 27 June 2026**

Elliott Park, Nawton

**Live too far away to bike?**

Find park and ride options at

[hamilton.govt.nz/biketosport](https://hamilton.govt.nz/biketosport)

 [cycling@hcc.govt.nz](mailto:cycling@hcc.govt.nz)

 07 838 6699

 [HamiltonCityCouncil](https://www.facebook.com/HamiltonCityCouncil)

**Bike in  
and spin the  
winning  
wheel for a  
prize!**



**Hamilton  
City Council**  
Te kaunihera o Kirikiriroa

## Prevent the spread of germs



Create as much space as possible between the heads of sleeping children.



Try 'topping and tailing' if your children share a bed.



Try not to have lots of people sleeping together in one room.

## Quick tips:



Use firewood that has been dried for a year.



Woolen blankets are warmer.



To remove mould and mildew spray on a mixture of 70 percent white vinegar and 30 percent water.



Wash your clothes with cold water and dry them outside if the sun is shining.

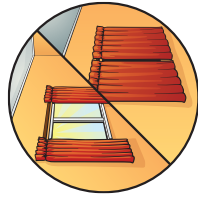
## Keeping your home warm and dry this winter

Every household releases around 8 litres of moisture into the home every day from activities like cooking, showering and breathing.

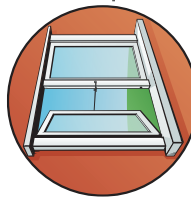
The more moisture there is in the air, the harder and more expensive it is to heat. Here are some simple things you can do to help reduce moisture, making it easier to heat your home.



**WHOLE HOUSE**  
Wipe condensation off walls and windows.



**WHOLE HOUSE**  
Open curtains in the morning and close them just before dark to keep in the warmth.



**WHOLE HOUSE**  
Air rooms in the daytime with an open window.



**WHOLE HOUSE**  
Use thermostats and timers so your heaters only come on when you need them and automatically turn off once the right temperature is reached.



### KITCHEN

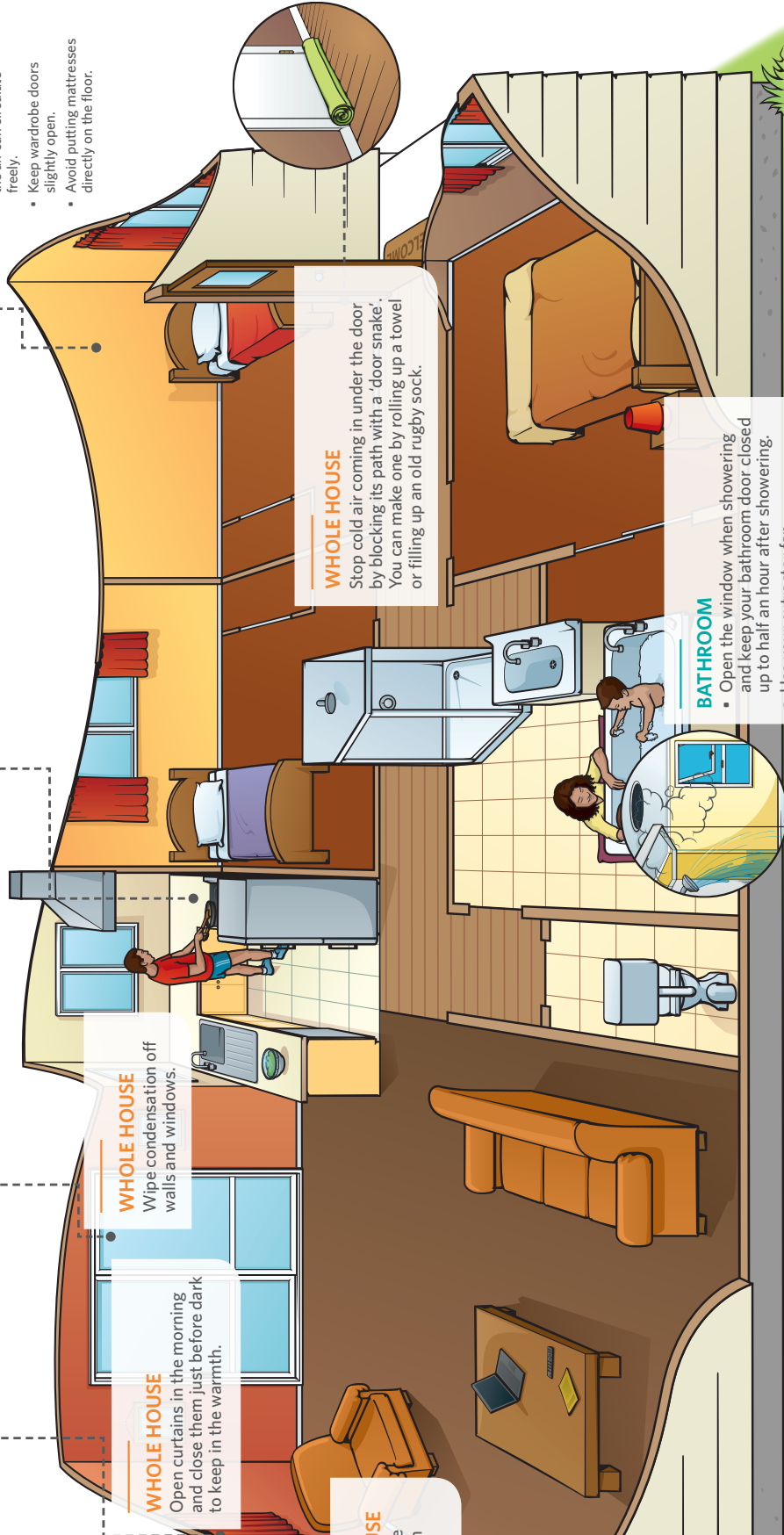
When you're cooking:

- keep lids on pots, and make sure the pot fits the element and the lid fits the pot
- use your rangehood
- open the window.



### BEDROOM

- Keep beds and furniture away from the walls.
- The trapped air can cause condensation to form between the two, and mould will be in among your shoes and clothes before you know it. Always leave a gap so the air can circulate freely.
- Keep wardrobe doors slightly open.
- Avoid putting mattresses directly on the floor.



### WHOLE HOUSE

Stop cold air coming in under the door by blocking its path with a 'door snake'. You can make one by rolling up a towel or filling up an old rugby sock.

### BATHROOM


- Open the window when showering and keep your bathroom door closed up to half an hour after showering.
- Use your extractor fan.

# STRUGGLING With your POWER BILL?

**Paying Too Much for Power? Let's Check! ⚡**




Not sure if you're getting the best deal on your power bill?  
We can help! Drop in, and we'll go over it with you.

 Drop in: Mondays, 10 AM – 11 AM (no appointment needed)

 Or message us to book another time!

 Contact us at Western Community Centre:

 07 847 4873 ext. 0

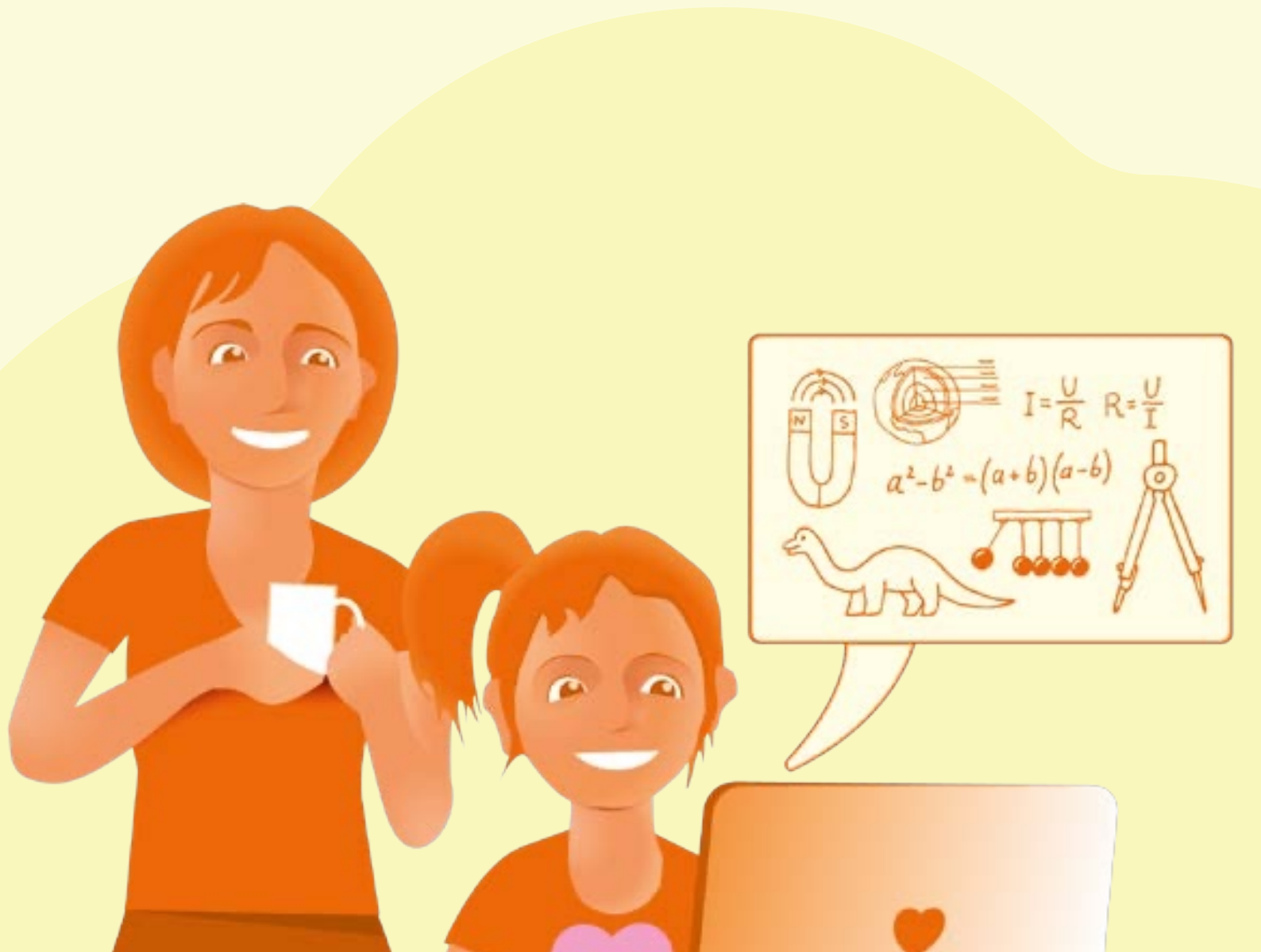
 [ngahuia@wccham.org.nz](mailto:ngahuia@wccham.org.nz)

 PM us on Facebook

No stress, no fuss—just a quick check  
to make sure you're not paying more  
than you should!

  
Western Community Centre  
*together we are strong*

# Skinny Jump



From \$5  
a month



Free modem with  
35GB included



Bonus 15GB  
every month



No contracts -  
top up as you go

Your household is eligible for JUMP if you identify with one or more of the following groups

Families with children in low socio-economic communities

People with disabilities

Migrants and refugees with English as a second language

Māori & Pasifika youth

Offenders and ex-offenders

Seniors

People living in social housing

**Have a chat with us at Western Community Centre for more info!**

# **Courage Counselling, where you can find counselling and support for the relationships in your life.**

At Courage Counselling I create a friendly atmosphere where you can relax and address the issues affecting your relationships.

Includes: managing conflict, communication, feeling powerless or silenced, grief and depression, managing life transitions, managing stress / anxiety, managing emotion including anger, parenting, and financial stress.



**COURAGE**  
**Counselling**  
Shaping Relationships

We all face challenges in our lives.

Courage Counselling is dedicated to helping you strengthen your relationships, regardless of the issue, or the size of the issue.

Courage Counselling can help you build strong relationships to help you get through.

**Ph. 027 536 7464**



Jenny Ensing – Relationships Counsellor

B.App.Soc.Sci.(Counselling)

MNZAC

# FRUIT & VEGETABLES

# \$15

For over 40 years, your community centre's weekly fruit and veggie co-op has provided access to fresh produce while helping everyone save by buying in bulk!

Every Wednesday, our volunteers pack 130+ bags with fresh, seasonal produce from Foodtogether—including three types of veggies and three types of fruit.

No need to order—just drop by Wednesday 11 AM–5:30 PM to grab some! Need 3+ packs? Message us, and we'll set some aside for you!



Western Community Centre

# Citizens Advice Bureau & Western Community Centre

## Walk In Clinic

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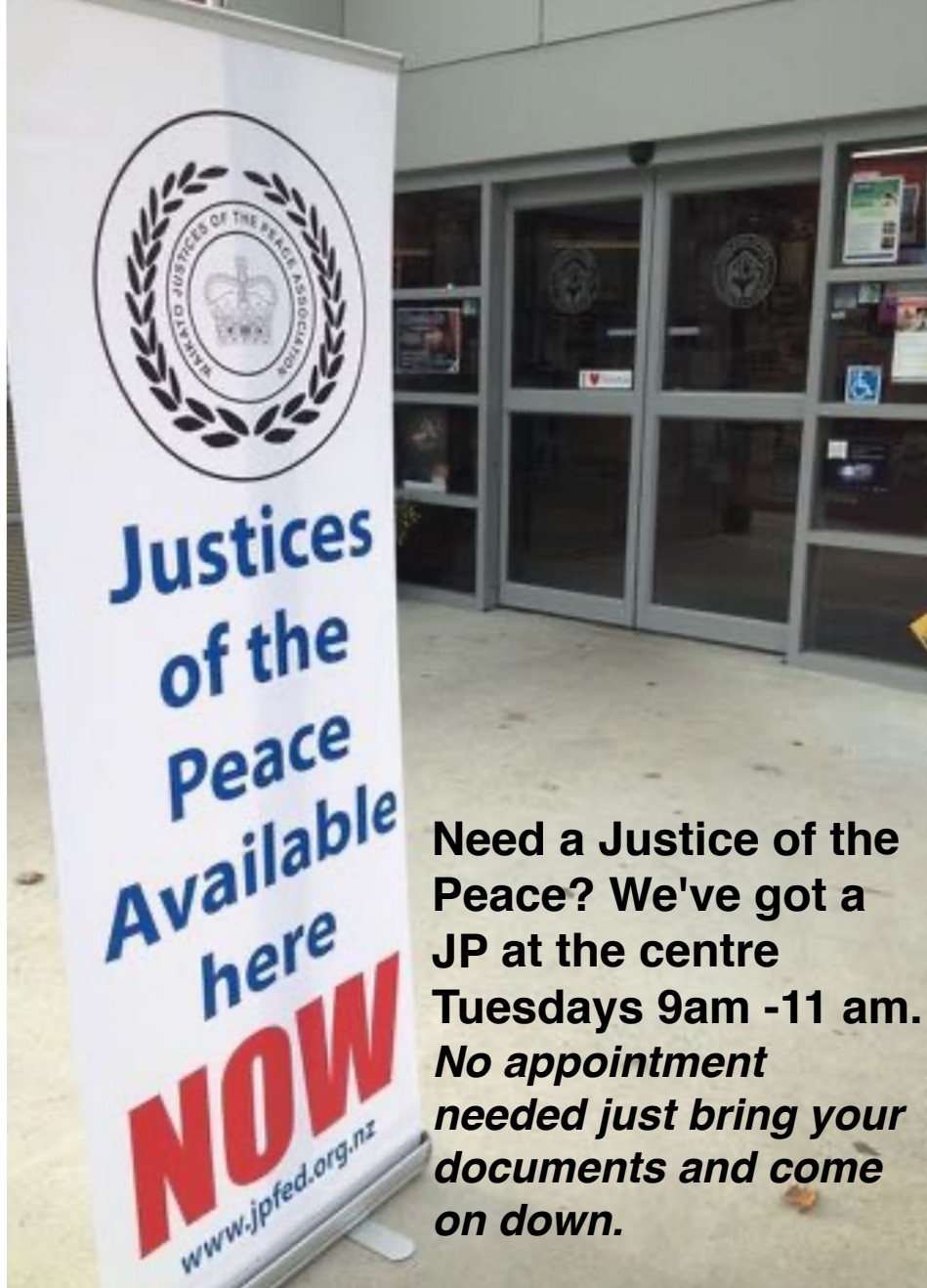
Wednesdays 10.30 - 12.30

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Have a question? Ask  
Us! We can help and  
it's free, confidential  
and supportive!

Citizens Advice Bureau





**Need a Justice of the Peace? We've got a JP at the centre Tuesdays 9am -11 am. No appointment needed just bring your documents and come on down.**



CHAIN LINK HAMILTON



DOING GOOD THINGS WITH BIKES

Date Last Saturday of the Month!  
Time: 10am to 11am  
Location: Western Community Centre Carpark.

What to bring ? Do you or a member of your family have a bicycle that could do with some TLC, we will assist you in some basic bicycle maintenance to get that bike back on the road.  
Want to help out ? Do you have experience in fixing bicycles ? We would love you to be part of the Chain Link Hamilton Group.  
Want to donate ? Do you have tools that you never use, puncture repair kits, tubes, bicycle parts ? Please send us a private message on our facebook page (chain link hamilton) or call James on 0211116709. We would love you to be part of the Chain Link Hamilton Group. Hope to see you there !



# Free Legal Advice Tuesday!

We have two free appointments available tomorrow, 9.20am or 9.40am. A Lawyer from Niemand Peebles Hoult provides a free 20-minute consultation.

To book send us a message or call us on 8474873 ex 0 [admin@wccham.org.nz](mailto:admin@wccham.org.nz)

To book our Lawyers, we will need;

1. Full name
2. Contact number
3. Full name of (any) other person from whom you are seeking legal advice about
4. Topic you need Legal Advice for

# 50+

## Events, Activities & Bus Trips



### Bus Trips

We organize 3–4 bus trips a year, and they're always well-attended! These trips offer a fantastic opportunity to get together for a day filled with fun, food, travel, and great company.

Cost: Varies depending on the trip. Join us for the next adventure and make lasting memories!

**Luncheons** The luncheons offer a great chance to meet, socialize, and connect with others. Held on the second Friday of each month at 12 PM, each gathering features a new theme, and best of all—it's free! Come join the fun and enjoy a meal with your community. Welcome to bring a plate of kai.



### The Woolly Club

Bring your own projects or simply enjoy the creativity of others! Our Fun Craft Group is a great way to unwind, learn new techniques, and share ideas in a relaxed and friendly environment. Whether you're an experienced crafter or a beginner, you're welcome to join us and have fun with fellow craft enthusiasts. Wed 10am - 12pm, free.



# 50+ Luncheon and Trips 2026

<b>20 Feb</b>	<b>High Tea in the Park</b>	Let's take this outside
<b>20 Mar</b>	<b>Choc 'n' Cheese</b>	Fondue Time!
<b>17 April</b>	<b>Did someone say time for a bus trip?</b>	Find out details at Choc 'n' Cheese
<b>15 May</b>	<b>Autumn Harvest</b>	Bring a homemade relish, jam or pickles
<b>19 June</b>	<b>Nifty Thrifty</b>	Get creative with your Op Shop wears
<b>17 July</b>	<b>Matariki Creations</b>	Shine like a star
<b>21 Aug</b>	<b>Did someone say time for a bus trip?</b>	Find out details at Matariki Creations
<b>18 Sep</b>	<b>It's a Heist</b>	Catch the culprit
<b>16 Oct</b>	<b>First letter of your name</b>	Bring a dish that begins with your letter
<b>20 Nov</b>	<b>Twilight Dinner 6pm</b>	Purchase your tickets
<b>11 Dec</b>	<b>End of year bus bash!</b>	Find out details at the Twilight Dinner

All Luncheons 12pm at 46 Hyde Avenue

**Western Community Centre**

These Luncheons are for those aged 50+

It's FREE to attend. Invite your friends and bring a plate to share. Our Trips and Twilight dinner will require a small cost. Limited seats available so get in quick!

For any information call 07 847 4873 ext 0 or email [ngahuia@wccham.org.nz](mailto:ngahuia@wccham.org.nz)

# Hoarding Unpacked - Training for Frontline Workers

Training for frontline workers to gain effective approaches to hoarding behaviours. The training day is filled with in-depth information about hoarding behaviours, a close look at different environments and accommodating safety issues, as well as practical & therapeutic strategies to support staff to better understand and work with this complex condition.

Course Outline: Trauma-informed approaches & considerations, working with complex & challenging behaviours & situations, DSMV addition & definition, statistics & characteristics, different types & levels of hoarding, OH&S issues, at-risk tenancies, children safety, animal welfare, fire safety, neighbours & council issues, strategies & examples for case coordination with multiple service providers, practical strategies for service users & therapeutic tools, preventative measures, real case examples used throughout to draw information from, links to helpful resources and websites, promotion of workers self-care and a focus on a reduction of vicarious trauma impacts.

Training Aimed At: A range of frontline workers benefit from this training, including but not limited to: housing and homelessness support workers, mental health, home care services, social workers,

disability support, aged care, tenancy managers, cleaning and decluttering services, council health & safety officers, fire safety services, child protection, animal rescue, therapeutic services, and at times concerned family and friends and lived experience people have attended.

This training is for professionals working with hoarding behaviours, including squalor and animal hoarding.

Hamilton Western Community Centre  
20/7/26 - 9:30 to 4:30pm.

Bulk ticket discounts and invoices are available via email request

5 plus tickets 10% discount, 10 plus tickets 20% discount.

Maire Joy Barron BSocSc

Supervision and training services

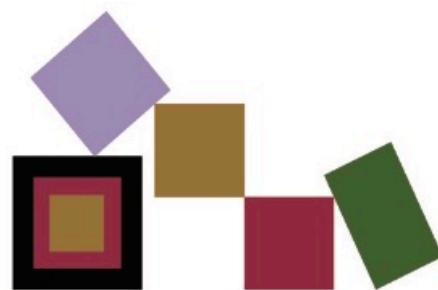
Email: [maire@hoardingunpacked.com](mailto:maire@hoardingunpacked.com)

Web: [hoardingunpacked.com](http://hoardingunpacked.com)

Facebook group: Hoarding & Clutter

Frontline Workers Peer Support Group

Ph: +64 273943379



**H O A R D I N G**  
**U N P A C K E D**  
TRAINING & CONSULTANCY

**Q&A**

**WIN B**

**COMMUNITY K**

**7:15 PM, TH**  
**WESTERN C**  
**+ MORE STOPS ACROSS**

# Youth Hub: A Fresh Space for New Generations

Many of you have been part of our WCC whaanau. Whether you remember us from the early days or more recently, you know that for nearly 50 years, the centre has been at the heart of activities, services, programmes, events, and unforgettable moments!

Alongside our youth we are very excited to announce a new chapter: we are transforming the unused sports changing rooms next to our centre into a brand-new community space and youth hub. Thanks to the generosity of the Hamilton City Council, who gifted us this building, we're ready to begin this exciting project. This space, located right across from our skate park and basketball court, will be a dedicated spot where youth can gather, connect, access services, and get alongside our youth workers.

**We have now raised over \$950,000** to renovate this community space and youth hub, making it a vibrant, fully functional spot where local youth can thrive. **Building will start in July!** We are now raising funds to equip the space, pool table, table tennis chairs.

**Thank you to Funders** who have committed to supporting this project Len Reynolds Trust, Lottery Grants Board, WEL Energy Trust, DV Bryant Trust and Gallagher, Trust Waikato and Glenice & John Gallagher Foundation, Lodge Tawhiri, Altrusa International of Hamilton and Cambridge Drainage and Earthworks and Hamilton Central Rotary. Thank you to those who have donated through our Givealittle page and directly to us in our donation box at reception.

**Why This Matters** For nearly 50 years, Western Community Centre has been a safe space, a launchpad, and a home away from home for so many youth. This new hub will continue that tradition, giving today's youth a place to build friendships, grow skills, and find support. Future generations will enjoy this tremendous resource just steps away from the skate park and court where so many of our community's best memories were made.

**Regular Support** Consider setting up a small weekly donation to help our programs grow! A little each week can keep the hub stocked with supplies, equipment, and new opportunities.

You can donate via our centre reception or through our bank account: 03-1355-0693330-00 (SBS Western Community Association). For more information please contact Neil Tolan 07 847 4873 ext 9 [manager@wccham.org.nz](mailto:manager@wccham.org.nz) or Tom Hunt Ex 5.





# Western Walkers

**Mondays**

**9am**

**Walking for an hour at your own pace**

**Start and Finish at *The Western Community Centre***

**Finish with a hot or cold drink**





# LAUGHTER YOGA

**TUESDAY'S**  
**9.30AM - 10.10AM**

**CHILDREN WELCOME TO ATTEND WITH PARENTS**

**IT'S FREE TO ATTEND!**

*Western Community Centre*

**46 HYDE AVE, NAWTON**

YOGA WITH SYDNEY

# UNROLL YOUR MAT, UNWIND YOUR MIND.

BEGINNER FRIENDLY



This yoga class draws on traditional yogic practices of asana (postures) and pranayama (breath-work) to support both body and mind.

Slow, mindful postures help stretch and strengthen the body while breath-work encourages relaxation and mental clarity.

Open to all levels, the class offers a steady, supportive space to cultivate ease and awareness.

\$10 CASH | BYO YOGA MAT

EVERY MONDAY | 6PM -7PM

**Western Community Centre**  
46 Hyde Avenue, Nawton,  
Hamilton 3200

**Room under green poles**  
No need to book, just turn up :)

July  
2026

# Western Stars Holiday Programme

From 8:00am till 5:30pm

\$40 per day and \$200 per week

Western Community Centre  
46 Hyde Ave, Nanton,  
Hamilton

Phone: 078474873

Email: westernstars@wccham.org.nz

Website: www.westerncommunitycentre.org

## Week One

Mon 6th July	<b>Morning</b> What's in the Box? Welcome to day one of Holiday Program! This morning we'll play "What's in the Box?" with plenty of prizes to win!	<b>Afternoon</b> Nerf Battle This afternoon we'll battle it out in the ultimate Nerf war!
Tue 7th July	<b>Trip!</b>	<b>Claudlands Play-Ground</b> Today we're off to the Claudlands playground, so bring covered shoes and warm clothing for a fun-filled day! (wether dependant)
Wed 8th July	<b>Morning</b> Arts and Crafts, Kites This morning we will get creative by making and decorating kites!	<b>Afternoon</b> Cookie Decorating Today we will work together to make a delicious afternoon treat!
Thur 9th July	<b>Trip!</b>	<b>Inflatable World</b> Today we're off to Inflatable World for a day of fun on their amazing bouncy castles!
Fri 10th July	<b>Matariki Public Holiday</b>	<b>No Program</b>

## Week Two

Mon 13th July	<b>Morning</b> G-Board Tournament Bring your sharpest skills, because this morning we'll have a tournament to see who is the ultimate G-Board champion!	<b>Afternoon</b> Kimura Kiwis This afternoon we'll have a special visit from the team at Kimura Kiwis, who will teach us some jiu-jitsu skills!
Tue 14th July	<b>Trip!</b>	<b>Meteor Theatre</b> Today we are off to the Meteor Theatre to see their brand new show, The Hunt for the Giants Hart!
Wed 15th July	<b>Morning</b> PJ Party, Arts and Crafts Today we'll have a cosy morning in our PJs, making homemade fidget toys together!	<b>Afternoon</b> PJ Party, Plushy Show & Tell As well as coming dressed in your best and cosiest pyjamas, bring along your favourite stuffed toy for us all to meet!
Thur 16th July	<b>Morning</b> Play Ball Sports This morning we'll once again have a special visit from our favourite coaches at Play Ball!	<b>Afternoon</b> Spaghetti Meatballs This afternoon we'll put our cooking skills to the test as we work together to make a delicious meal of spaghetti and meatballs!
Fri 17th July	<b>Trip!</b>	<b>Mellville Skate Rink</b> Today we're off to the Melville Skate Rink, so get ready for a fun-filled day of roller skating!

## Programme Information

### HOW DO I ENROL MY CHILD/CHILDREN?

Go to our website at [www.westerncommunitycentre.org/holiday-programmes](http://www.westerncommunitycentre.org/holiday-programmes), for directions on enrolling your child/children through the parent portal (Aimy Plus). If you are having any issues, please call (07) 8474873 and we will talk you through the process.

### WORK AND INCOME

You may be eligible for an OSCAR subsidy. If so, please ensure your application/renewal is lodged with Work and Income prior to your child attending the programme.

### SIGN IN/SIGN OUT

Parents/Caregivers are required to sign in and and sign out every day that your child/children attend the programme.

### COSTS

We charge \$40 per day and \$200 per week.

### TIMES

Your child/children can be dropped off any time from 8am and must be picked up by 5:30pm.

### WHAT TO BRING

Please ensure that your child/children bring morning tea, afternoon tea, lunch and a water bottle.

Children must come to the programme with appropriate clothing and footwear for the day's activities. Money and personal belongings should be left at home unless specifically requested.

### CANCELLATIONS

Any cancellations of holiday programme bookings must be received the Thursday prior to the beginning of the booked Holiday Programme. There are no refunds for cancellations after this. Enrolments cancelled prior to the cut-off date will be charged a \$20 administration fee.

### CENTRE POLICIES

Our Western Community Centre policies are available to view from our centre reception. A copy can be given to you if you would like one.

# FREE MARTIAL ARTS

Free Martial Arts classes for children under 16 years old! Our classes incorporate elements of Jiu Jitsu, Sambo and Judo hidden in fun games to teach the fundamentals



**Completely free:** No need for booking, just show up and have fun. It's completely free!



**Helps children** gain confidence, learn discipline and exercise all while having fun



**Contact us:** Message us on Facebook or Instagram @Kimura Kiwis Inc

SCAN TO FIND  
OUT MORE



Saturdays  
9am start  
on mat.  
Doors open  
8.30am.



COME  
CHECK IT  
OUT!



# Pasifika Dance Group

*Celebrate the Cultures of the Pacific!*



## Join Malu I Fale Pasifika Group!

Learn traditional dances, cultural storytelling, music, and the heritage of Samoa, Tonga, Fiji, Cook Islands, and more. Our group is also about fostering community, buiding pride, and sharing our culture in many different ways!

**Monday's & Tuesdays  
5:30pm – 7:00pm**

**Held at the Western Community Center Nawton**





# little adventurers'

FAMILY PLAYGROUP

## FREE PLAYGROUP

**Families & Whanau with children aged 0-6years,  
Come & join us for a fun morning of play, learning & socialising!**



**WEDNESDAY MORNINGS DURING SCHOOL TERMS**

**9.30AM – 12.30PM**

**108 GRANDVIEW ROAD**

**DOWN THE DRIVEWAY TO CARPORT AND FOLLOW THE PATH TO THE BACK BUILDING**

**CONTACT ANDREA (COORDINATOR) 0273472744**

**[WWW.FACEBOOK.COM/LITTLEADVENTURERSPLAY](http://WWW.FACEBOOK.COM/LITTLEADVENTURERSPLAY)**

**EACH WEEK IS DIFFERENT AND WE MAY BE ON AN ADVENTURE TOO SO CHECK THE PAGE EA  
WEEK FOR DETAILS ON WHETHER WE ARE AT VENUE OR OUT AND ABOUT**

# Tables & Chairs for Hire.



Pick up Friday drop back on Monday, Chairs \$3, Tables \$7.  
\$50 bond.

If you are hiring large quantities the bond will be increased.

[westerncommunitycentre.org](http://westerncommunitycentre.org)



# Note2self Mental Wellbeing Support group

## DETAILS

Location:  
Western Community  
Centre

Date: Every Thursday

Time: 12:30pm - 2:00pm

Excluding school holidays  
No registration required.  
Just turn up.

Cost: Free

Contact Andre Jackson on  
022 1055 659 for more  
information



**Note2self**  
Support Groups For Wellbeing

## Support Group

Do you live with depression and/or anxiety.

Are you stuck in life or feeling a bit lost?

Do you look in the mirror and don't know the person looking back, but you want too?

This support group is designed for you with you in mind from people that walk the talk.



## **Empower Yourself with Our Women's Self-Defence Workshop!**

Get ready for the most intense, comprehensive & hands-on self-defence training in New Zealand and Australia!

This isn't just another class!! It's an immersive experience designed to equip you with the skills, confidence, and techniques that you need to stay safe.

**WESTERN COMMUNITY CENTRE**  
**46 Hyde Avenue, Nawton, Hamilton**  
**25th & 26th July 2026**  
**10am - 4:30pm**

**Register at [selfdefencecourses.co.nz](http://selfdefencecourses.co.nz)**  
**Contact: [info@selfdefencecourses.co.nz](mailto:info@selfdefencecourses.co.nz)**

# FREE FOOD - NO QUESTIONS ASKED

Find your closest Free Store and Give Them a Call

## KIRIKIROA HAMILTON FREESTORES

Hours subject to change



HEALTHY ENVIRONMENTS & THRIVING COMMUNITIES

### **Waimarie: Hamilton East Community House**

53 Wellington Street, Monday to Friday 1pm

Call first on 07 8583453.

### **Te Whare Kokonga – Melville Community Centre**

58 Bader Street, Bader, Tuesday and Thursday 1pm

### **Western Community Centre,**

46 Hyde Avenue, Nawton,

Thursday & Friday from 1pm

### **Glenview Community Centre, 12 Tomin Road,**

Monday, Wednesday and Friday 1pm

Register before 12.30PM. 07) 843 2600

### **Pukete Neighbourhood House, 43 Church Road,**

Monday, Wednesday and Thursday from 1pm.

### **Good News Community Centre,**

78 Breckons Avenue, Nawton,

Monday-Friday (Except Wednesday) from 1pm

### **Te Papanui Enderley Community Trust,**

66 Tennyson Road Tuesdays and Thursday from 1pm

### **Te Whānau Pūtahi Community Centre,**

37 Oxford Street, Monday & Friday 1pm

### **Te Whare o te Ata,**

214 Clarkin Road, Fairfield, Wednesdays 1pm

THE FOOD RESCUED DAILY IS UNPREDICTABLE, IF YOU NEED A FOOD PARCEL PLEASE  
CONTACT HERE3HELPU.NZ OR LEAVE A MESSAGE ON 0800 568273

We have photocopying and printing services available. We can print from your USB, laminate those documents or scan to email.



A4 B&W 10c  
A4 Colour 50c,  
A3 B&W 15c,  
A3 Colour \$1  
Scan to email \$1  
Laminating A4 \$1, A3 \$1.50

If you have large quantities talk to us and we may be able to sharpen the pencil.



# Fair Share Market

Crop Swap 9am to 10am,  
Craft Swap 10am to 11 am,  
Repair Co Op 10am to 12pm.

*2nd Saturday of the month*



A **reciprocal** community where members **share** skills, knowledge and time with each other

<https://waikatotimebank.org.nz/>

Out West Radio is our weekly radio show and podcast about Hamilton West, and keeping Hamilton West residents informed and up to date with what is happening at **Western Community Centre**.

Out West Radio is broadcast Fridays on FreeFM 89.0 at 11am.

Livestream: **freefm.org.nz**, **accessmedia.nz** app and via your Amazon Alexa and Google devices

With all episodes available as podcasts via

Spotify **<http://bit.do/OutWestRadio-Spotify>**

Free FM **<http://bit.do/OutWestRadio-FreeFM890>**

Apple Podcasts **<http://bit.do/OutWestRadio-Apple>**



# Western Wheels 2026

## Learner Licence



### DATES:

- Monday 19th - 22nd Jan
- Monday 30th-2nd April
- Monday 29th - 2nd July
- Monday 21st - 24th Sep

### COSTS:

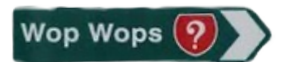
**WCC Fee : \$50**

**Licence Test Fee : \$96.10 PAID to VTNZ**



### 9am- 3pm

To Secure your Place ! Course fee and enrolment MUST be completed prior to course . LIMITED SPACES



Western Community Centre

46 Hyde Ave Hamilton

T:07 8474873 ext 0

admin@wccham.org.nz

or message our facebook page

[www.westerncommunitycentre.org](http://www.westerncommunitycentre.org)



# Rongoā Clinic

We offer  
personalized  
treatments using  
rongoā  
(medicine),  
pure  
(cleansing),  
and  
karakia (prayer)  
to promote  
well-being

First Saturday of the Month

10:30am – 1:30pm

Cost: Koha for  
20mins

108 Grandview Rd,  
Nawton, Hamilton



*Rongoā available for sale*

# Toi Māori ki Nawton (Māori Art in Nawton) with Teresa Koroheke

## Toi Māori ki Nawton (Māori Art in Nawton) with Teresa Koroheke

### COURSE OUTLINE

Whether you are a beginner or an advanced weaver, come along and learn from this dedicated weaver who has a passion for teaching and passing on the knowledge of her tupuna (ancestors). This is a great class for all ages, no matter what ethnicity or gender.



This 8-week course takes you on an exciting haerenga (journey) of learning Toi Māori (Māori Art) from weaving with harakeke (flax) to making a Matariki Mobile and finishing with a Tukutuku Panel.

Come along and learn the basic weaves and techniques used to create taonga (gifts) for your whānau (family) as well as tikanga (customs and traditions) around harakeke (flax). It is an opportunity to connect with Te Taiao (the Environment). Raranga (flax weaving) is therapeutic and good for the soul. This course is a safe place to connect, to korero (speak), to katakata (laugh) and be yourself.

If you are available on Wednesdays from 9.30-2.30pm come along and create items that have practical use and connect with ancestral practices and teachings and come and add more knowledge to your Kete. The next course runs from Wednesday, 6<sup>th</sup> May 2026.

You can register at the Western Community Centre or book online on their website: [westerncommunitycentre.org/toi-maori-ki-nawton-maori-art-in-nawton](http://westerncommunitycentre.org/toi-maori-ki-nawton-maori-art-in-nawton)

<p>Week 1</p>	<p>Weave a PUTIPUTI (flax flowers) You will learn:</p> <ul style="list-style-type: none"> <li>to identify which species of flax to harvest</li> <li>the Do's &amp; Don'ts of harvesting flax</li> <li>how to cut the leaves</li> <li>customs (tikanga) around harvesting and weaving</li> <li>using the pasta maker to create harakeke ribbon</li> </ul>
<p>Week 2</p>	<p>Weave a WRISTBAND with flax You will learn:</p> <ul style="list-style-type: none"> <li>to identify the correct species of flax to weave a wristband</li> <li>to create patterns while having fun at the same time</li> <li>play and experiment with coloured flax (harakeke)</li> <li>how to dye harakeke &amp; the different dyes</li> </ul>
<p>Week 3</p>	<p>Make a KUPENGA (fish net) around a KOHATU (stone) Kupenga is a type of open weave net used for fishing or gathering food (kai) e.g. seafood (kaimoana), riwai (potatoes) or kumara (sweet potato) You will learn:</p> <ul style="list-style-type: none"> <li>resources other than flax (harakeke) that can be utilised e.g. string</li> <li>this open weave to make other taonga (treasures) e.g. jewellery holders</li> </ul>



Week 4

Weave a small contemporary TUKUTUKU panel representing your PEPEHA (a traditional oral recitation given when introducing yourself. Pepeha tells a story of your connection to the whenua, your iwi and hapu).

You will learn:

- What materials were used e.g. kākaho, toetoe, kiekie, raupo
- Contemporary resources that can be used now and that are easily accessible
- Patterns and their meanings

-2-

Week 5



**WAKA HOE** - while the hoe was primarily a paddle, it also doubled as a weapon when the need arose. Paint and design on one side, hot poker machine burn on the other side You will:

- Research designs relating to the moana e.g. Mangōpare (hammer shark that is often depicted in traditional kōwhaiwhai and carving. It is a fundamental symbol in Toi Māori and communicates values of strength, determination, leadership and levelheadedness
- Choose a Whakatauki (proverb). These embody the values, wisdom, wit and common sense of tangata whenua. They are usually short and concise using symbolism and metaphor to convey key messages
- Use a hot poker machine to burn designs

Week 6



**KOWHAIWHAI PATTERNS** tell a story e.g. history and are specially designed for the iwi/hapu. Kowhaiwhai are painted on the tahuu (ridgepole) of the whareniui stretching the length of the building and represents the whakapapa of the iwi/hapu You will learn:

- Common patterns and their generic meanings:
  - Kaperua - this pattern represents things doubled. This pattern is the koru repeating and turning back into itself- this may continue to infinity. The koiri is a symbol of self-reflection and nurturing, it also means to flourish.
  - Mangōpare - this design comes from the hammerhead shark and represents strength, courage and power.
  - Patiki - the design represents the Patiki or flounder. It is a symbol of hospitality

Week 7



**WEAVE A WATER BOTTLE HOLDER USING HARAKEKE**

Weave your very own unique water bottle holder using natural resources. This truly is a sustainable creation.

You will learn:

- Basic takitahi weave technique (over-one, under-one pattern alternates from row to row so that the stakes are also going over one, under one vertically)

Week 8



**KOHA KETE**

Prepare yourself for better things to come by starting to learn how to make a 2-cornered Koha Kete.

Taura (Students) can expect to create all these items over eight weeks. The key to success is: Showing up to every class, having a good laugh and enjoying yourself. Some tasks require numeracy such as counting harakeke and dividing into separate strips – you got this!!



## Takes place each School Term, Course Fee \$50 held at our centre at 108 Grandview Road

#### Other costs / Tools required at session 1

Students will need to bring some tools and resources to start i.e. Sharp Scissors, Sunshine Clothes Pegs (Woolworths) & Paint Pens (black and white from Gordon Harris)

#### About your Kaiako (Tutor)

My grandmother was a Master Weaver and I grew up watching her weave kete, baskets and whariki (mats). Everything she made were for practical use for the whānau. She was my inspiration. I learn through doing and experiencing (kinesthetic) and am excited to be able to teach what I have learned to others. I believe I have a high level of patience and tolerance toward students and a good sense of humour. Coming up with new ways to engage students is incredibly important so creativity and imagination are vital.

By sharing knowledge, we not only contribute to the collective intelligence but also foster innovation, facilitate decision-making, promote a sense of Kotahitanga (unity) among fellow taura (students), creativity and continuous learning. Sharing is caring.

**Teresa Koroheke**  
Tutor (Kaiako)

# Hamilton West

## NETWORK MEETINGS

The Hamilton West network has been running for over 30 years and is a gathering of individuals, organisations, and key stakeholders from various community-based sectors, such as non-profit organisations, faith-based groups, government agencies, and grassroots community groups.

This regular gathering offers a great chance to keep up with the latest information in the Hamilton West community sector and the wider city. It's a valuable opportunity to share and promote your events, activities, programs, and services, ensuring everyone stays informed.

Additionally, it's a great platform to discuss local issues and challenges, while also celebrating our successes.

Everyone is welcome, and we always enjoy a hot drink afterwards.

## 2026 Dates

Monday 2nd March  
Monday 4th May  
Monday 13th July  
Monday 7th September  
Monday 9th November

1 pm - 2.15 pm held at the Western Community Centre,  
46 Hyde ave, Nawton.

For more information contact  
[neil.tolan@wccham.org.nz](mailto:neil.tolan@wccham.org.nz)



MONTHLY ARENA RANKING BATTLES

# HAMBATS



**HAMILTON'S MONTHLY FIGHTING GAME TOURNAMENT**  
**FIGHT YOUR FRIENDS OR CHALLENGE THE LOCAL LEGENDS**  
**ALL GAMES WELCOME. BYO SETUPS AND CONTROLLERS**

**WESTERN COMMUNITY CENTER, NAWTON, HAMILTON.**



# Affordable Pathways to First Home Ownership in Hamilton through Bridge Housing Charitable Trust

For many in Hamilton, the dream of owning a first home can feel out of reach. Rising house prices and the challenge of saving a deposit often delay buyers from entering the market. However, community-led initiatives are opening new doors for local residents. The Western Community Centre is supporting awareness of affordable home ownership options through Bridge Housing, a charitable trust established to help everyday working Kiwis step onto the property ladder. Their programmes offer innovative pathways such as shared equity and rent-to-own programmes. Our developments are situated in Te Awamutu, Cambridge, Hamilton CBD and soon to be Te Awa Lakes at Horotiu.

Our latest development - Hinemoa Apartments in central Hamilton, featuring one- and two-bedroom apartments available as Freehold, Shared Equity or Rent to Own options. Shared equity allows buyers to purchase around 80% of a home while Bridge retains a portion, lowering mortgage requirements and giving you a further 5-10 years to purchase back and own Freehold. Meanwhile, rent-to-own enables residents to rent while building savings, with support such as matched contributions toward a

future deposit. This gives long term rental stability moving towards owning it when you have had time to save your deposit.

To help locals learn more, an information session will be held at the Western Community Centre from 6:00pm to 6:45pm Wednesday July 8th. This is an opportunity to explore whether these flexible pathways could help turn home ownership into reality. For more information, visit [www.bridgehousing.co.nz](http://www.bridgehousing.co.nz) or contact us at [info@bridgehousing.co.nz](mailto:info@bridgehousing.co.nz). Visit our Hinemoa Apartment open homes every second Thursday from 5pm - 5:30pm - July 9th and July 23rd. 360 Tristram Street, Hamilton.



# WESTERN Community News

Delivered to 19,000 homes across Hamilton West! YOUR PEOPLE - YOUR PAPER

2026 Deadlines	Distributed	Issue No.
9 Feb	4 March	Issue 140
23 Mar	15 April	Issue 141
18 May	10 June	Issue 142
20 July	12 August	Issue 143
7 September	1 October	Issue 144
9 Nov	2 December	Issue 145

Articles no more than 300 words

Advertising Rates	Size	Price (Inc gst)
1/8 page	10cm (h) x 13cm	\$230
1/4 page	18.5cm (h) x 13cm	\$400
1/2 page	18.5cm (h) x 26cm	\$650
Front Page	10cm (h) x 13cm	\$600
Full Page	37cm (h) x 26cm	\$1,000
Back Page 1/2	18.5cm(h) x 13cm	\$720
Back Page 1/4	18.5cm (h) x 13cm	\$450



T: 07 8474873 Ex 0  
 westerncommunitynewspaper@gmail.com  
 westerncommunitycentre.org  
**Western Community Centre**



Jamie  
Toko  
*Chairperson*



Renu  
Cherrington  
*Treasurer*



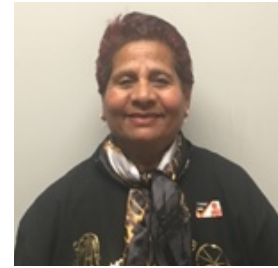
Pare  
Ruha  
*Secretary*



Bill  
Rees  
*Vice Chairperson*



Carl  
Jackson



Shanti  
Ralm



Karina  
Cootes



Anaru  
Terry



Joan  
Marshall



Dave  
Macpherson  
*Life Member*

# Board Members

# Fruit Trees in Homes

**3,362**  
Fruit Trees  
Planted in  
617 homes,  
475 in our  
PUBLIC  
SPACES

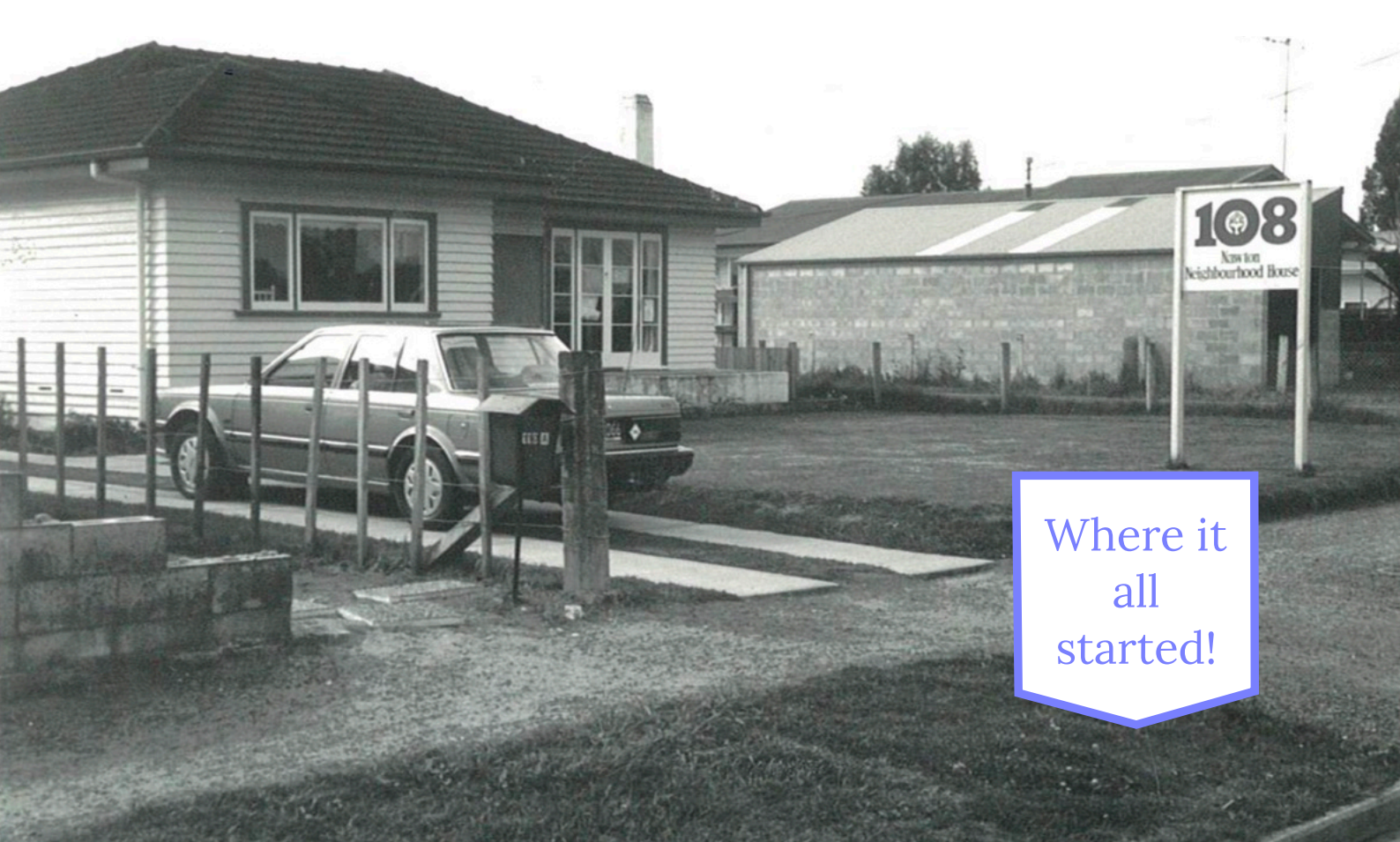
Western Community Centre

The Fruit Trees in Homes project took root back in 2012, and since its inception, 3,362 fruit trees have now been planted in 617 households and 475 fruit trees have found a home in our public spaces.

More than a decade has passed since the first fruit tree was planted, and it's evident that this project is yielding significant positive impacts.

Every day, we witness the impact of this initiative, as many of you who have received these fruit trees generously contribute by dropping off surplus produce, allowing us to extend the benefits to even more individuals in our community.





108  
Newton  
Neighbourhood House

Where it  
all  
started!



"The heart of a  
community  
beats within its  
neighbourhoods.  
Be the pulse that  
makes it  
stronger."



T: 07 8474873, [admin@wccham.org.nz](mailto:admin@wccham.org.nz)  
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[westerncommunityCentre.org](http://westerncommunityCentre.org)